

LABRADA<sup>®</sup>

NUTRITION



| Item    | Crt | Product Description                                     |  | RRP      |
|---------|-----|---|--|----------|
| LBTC    | 4   | Lean Body Hi-Protein Meal Replacement Shake             | Chocolate Ice Cream (16 serve tub) 1.12kg                          | \$86.95  |
| LBTCB   | 4   | Lean Body Hi-Protein Meal Replacement Shake             | Cinnamon Bun (16 serve tub) 1.12kg                                 | \$86.95  |
| LBTCPB  | 4   | Lean Body Hi-Protein Meal Replacement Shake             | Chocolate Peanut Butter (16 serve tub) 1.12kg                      | \$86.95  |
| LBTV    | 4   | Lean Body Hi-Protein Meal Replacement Shake             | Vanilla Ice Cream (16 serve tub) 1.12kg                            | \$86.95  |
| LBTS    | 4   | Lean Body Hi-Protein Meal Replacement Shake             | Strawberry Ice Cream (16 serve tub) 1.12kg                         | \$86.95  |
| LB20C   | 8   | Lean Body Hi-Protein Meal Replacement Shake             | Chocolate Ice Cream (20pk) 1.58kg                                  | \$117.95 |
| LB20V   | 8   | Lean Body Hi-Protein Meal Replacement Shake             | Vanilla Ice Cream (20pk) 1.58kg                                    | \$117.95 |
| LB20S   | 8   | Lean Body Hi-Protein Meal Replacement Shake             | Strawberry Ice Cream (20pk) 1.58kg                                 | \$117.95 |
| LB42C   | 4   | Lean Body Hi-Protein Meal Replacement Shake             | Chocolate Ice Cream (42pk) 3.32kg REDUCED PRICE!                   | \$217.95 |
| LB42V   | 4   | Lean Body Hi-Protein Meal Replacement Shake             | Vanilla Ice Cream (42pk) 3.32kg REDUCED PRICE!                     | \$217.95 |
| LB80C   | -   | Lean Body Hi-Protein Meal Replacement Shake             | Chocolate Ice Cream (80pk plain bulk carton) 6.32kg REDUCED PRICE! | \$4.90   |
| LB80V   | -   | Lean Body Hi-Protein Meal Replacement Shake             | Vanilla Ice Cream (80pk plain bulk carton) 6.32kg REDUCED PRICE!   | \$4.90   |
| LBRTDBN | -   | Lean Body RTD Hi-Protein 40g Milk Shake                 | Bananas & Cream 12x 500ml  | \$7.95   |
| LBRTDC  | -   | Lean Body RTD Hi-Protein 40g Milk Shake                 | Chocolate Ice Cream 12x 500ml                                      | \$7.95   |
| LBRTDCC | -   | Lean Body RTD Hi-Protein 40g Milk Shake                 | Cookies & Cream 12x 500ml  | \$7.95   |
| LBRTDS  | -   | Lean Body RTD Hi-Protein 40g Milk Shake                 | Strawberries & Cream 12x 500ml                                     | \$7.95   |
| LBRTDSC | -   | Lean Body RTD Hi-Protein 40g Milk Shake                 | Salted Caramel 12x 500ml   | \$7.95   |
| LBRTDV  | -   | Lean Body RTD Hi-Protein 40g Milk Shake                 | Vanilla Ice Cream 12x 500ml  | \$7.95   |
| LBOTGB  | -   | Lean Body On the Go! RTD Hi-Protein 25g Nutrition Shake | Banana & Cream 12x 414ml   | \$7.10   |
| LBOTGC  | -   | Lean Body On the Go! RTD Hi-Protein 25g Nutrition Shake | Chocolate Ice Cream 12x 414ml                                      | \$7.10   |
| LBOTGCC | -   | Lean Body On the Go! RTD Hi-Protein 25g Nutrition Shake | Cookies & Cream 12x 414ml  | \$7.10   |
| LBOTGS  | -   | Lean Body On the Go! RTD Hi-Protein 25g Nutrition Shake | Strawberries & Cream 12x 414ml                                     | \$7.10   |
| LBOTGV  | -   | Lean Body On the Go! RTD Hi-Protein 25g Nutrition Shake | Vanilla Ice Cream 12x 414ml  | \$7.10   |



| Item    | Crt | Product Description   | RRP      |
|---------|-----|---|----------|
| CWLBC   | 8   | <b>CarbWatchers Lean Body</b> Hi-Protein Meal Replacement Shake <i>Chocolate Ice Cream</i> (20pk) 1.3kg                                     | \$117.95 |
| CWLBV   | 8   | <b>CarbWatchers Lean Body</b> Hi-Protein Meal Replacement Shake <i>Vanilla Ice Cream</i> (20pk) 1.3kg                                       | \$117.95 |
| CWLBS   | 8   | <b>CarbWatchers Lean Body</b> Hi-Protein Meal Replacement Shake <i>Strawberry Ice Cream</i> (20pk) 1.3kg                                    | \$117.95 |
| CWLBN   | 8   | <b>CarbWatchers Lean Body</b> Hi-Protein Meal Replacement Shake <i>Neapolitan Variety Pack: Chocolate, Vanilla, Strawberry</i> (20pk) 1.3kg | \$117.95 |
| CWLB42C | 4   | <b>CarbWatchers Lean Body</b> Hi-Protein Meal Replacement Shake <i>Chocolate Ice Cream</i> (42pk) 2.73kg <b>REDUCED PRICE!</b>              | \$217.95 |
| CWLB42V | 4   | <b>CarbWatchers Lean Body</b> Hi-Protein Meal Replacement Shake <i>Vanilla Ice Cream</i> (42pk) 2.73kg <b>REDUCED PRICE!</b>                | \$217.95 |
| LBFHC   | 8   | <b>Lean Body For Her</b> Meal Replacement Shake <i>Chocolate Ice Cream</i> (20pk) 980g <b>REDUCED PRICE!</b>                                | \$99.95  |
| LBFHV   | 8   | <b>Lean Body For Her</b> Meal Replacement Shake <i>Vanilla Ice Cream</i> (20pk) 980g <b>REDUCED PRICE!</b>                                  | \$99.95  |
| LBFHS   | 8   | <b>Lean Body For Her</b> Meal Replacement Shake <i>Strawberry Ice Cream</i> (20pk) 980g <b>REDUCED PRICE!</b>                               | \$99.95  |
| LBN1C   | 6   | <b>Lean Body Natural</b> Hi-Protein Meal Replacement <i>Natural Chocolate</i> 680g  | \$64.95  |
| LBN1V   | 6   | <b>Lean Body Natural</b> Hi-Protein Meal Replacement <i>Natural Vanilla</i> 680g  | \$64.95  |
| LJE1C   | 6   | <b>Jamie Eason Lean Body for Her - Whey Protein Isolate</b> <i>Natural Chocolate</i> 680g   | \$78.95  |
| LJE1V   | 6   | <b>Jamie Eason Lean Body for Her - Whey Protein Isolate</b> <i>Natural Vanilla</i> 680g   | \$78.95  |
| LJECC   | 4   | <b>Jamie Eason Lean Body for Her -100% Whey Protein Shake</b> <i>Natural Chocolate</i> 1.2kg  | \$92.95  |
| LJECV   | 4   | <b>Jamie Eason Lean Body for Her -100% Whey Protein Shake</b> <i>Natural Vanilla</i> 1.2kg  | \$92.95  |
| LJEPP   | 4   | <b>Jamie Eason Lean Body for Her - Peanut Protein</b> 1.53kg  | \$79.95  |
| LJPOM   | 12  | <b>Jamie Eason Lean Body for Her - Pre-Workout</b> <i>Orange Mango</i> 234g   | \$49.95  |
| LJPRL   | 12  | <b>Jamie Eason Lean Body for Her - Pre-Workout</b> <i>Raspberry Lemonade</i> 236g   | \$49.95  |
| LJCLA   | 12  | <b>Jamie Eason Lean Body for Her - CLA</b> Conjugated Linoleic Acid 90c   | \$37.95  |
| ILP5C   | 4   | <b>ISO Lean Pro</b> 100% Premium Whey Protein Isolate <i>Chocolate</i> (5lb) 2.268kg  | \$192.95 |
| ILP5S   | 4   | <b>ISO Lean Pro</b> 100% Premium Whey Protein Isolate <i>Strawberry</i> (5lb) 2.268kg   | \$192.95 |
| ILP5V   | 4   | <b>ISO Lean Pro</b> 100% Premium Whey Protein Isolate <i>Vanilla</i> (5lb) 2.268kg  | \$192.95 |
| LPW3C   | 4   | <b>Lean Pro Whey</b> Whey Protein Isolate - Primary Source <i>Chocolate</i> (3.3lb) 1.497kg   | \$129.95 |
| LPW3V   | 4   | <b>Lean Pro Whey</b> Whey Protein Isolate - Primary Source <i>Vanilla</i> (3.3lb) 1.497kg   | \$129.95 |
| LPW5C   | 4   | <b>100% Whey Protein</b> CFMUF Whey Protein Concentrate <i>Chocolate</i> (4.13lb) 1.875kg <b>NEW!</b>                                       | \$94.95  |
| LPW5S   | 4   | <b>Lean Pro 100% Whey Protein</b> <i>Strawberry</i> (5lb) 2.27kg  | \$136.95 |
| LPW5V   | 4   | <b>Lean Pro 100% Whey Protein</b> <i>Vanilla</i> (5lb) 2.27kg   | \$136.95 |
| LP8C    | 4   | <b>Lean Pro8</b> Super Premium Protein <i>Chocolate Ice Cream</i> 1.32kg  | \$96.95  |
| LP8CC   | 4   | <b>Lean Pro8</b> Super Premium Protein <i>Cookies &amp; Cream</i> 1.32kg  | \$96.95  |
| LP8V    | 4   | <b>Lean Pro8</b> Super Premium Protein <i>Vanilla Ice Cream</i> 1.32kg  | \$96.95  |
| LP8S    | 4   | <b>Lean Pro8</b> Super Premium Protein <i>Strawberry Ice Cream</i> 1.32kg   | \$96.95  |
| LP85C   | 4   | <b>Lean Pro8</b> Super Premium Protein <i>Chocolate Ice Cream</i> 2.27kg  | \$144.95 |
| LP85CC  | 4   | <b>Lean Pro8</b> Super Premium Protein <i>Cookies &amp; Cream</i> 2.27kg  | \$144.95 |
| LP85V   | 4   | <b>Lean Pro8</b> Super Premium Protein <i>Vanilla Ice Cream</i> 2.27kg  | \$144.95 |
| LP85S   | 4   | <b>Lean Pro8</b> Super Premium Protein <i>Strawberry Ice Cream</i> 2.27kg   | \$144.95 |
| MMG6C   | 4   | <b>Muscle Mass Gainer</b> <i>Chocolate</i> (6lb) 2.722kg  | \$88.95  |
| MMG6S   | 4   | <b>Muscle Mass Gainer</b> <i>Strawberry</i> (6lb) 2.722kg   | \$88.95  |
| MMG6V   | 4   | <b>Muscle Mass Gainer</b> <i>Vanilla</i> (6lb) 2.722kg  | \$88.95  |
| MMG12C  | 2   | <b>Muscle Mass Gainer</b> <i>Chocolate</i> (12lb) 5.443kg   | \$143.95 |
| MMG12S  | 2   | <b>Muscle Mass Gainer</b> <i>Strawberry</i> (12lb) 5.443kg  | \$143.95 |
| MMG12V  | 2   | <b>Muscle Mass Gainer</b> <i>Vanilla</i> (12lb) 5.443kg   | \$143.95 |
| L400    | 12  | <b>BCAA Power</b> Branched Chain Amino Acid Capsules 400c   | \$68.95  |

| Item   | Crt | Product Description  | RRP     |
|--------|-----|--|---------|
| B4SK   | 12  | <b>BCAA Power</b> Fermented BCAA Formula <i>Strawberry Kiwi</i> 427g   | \$72.95 |
| B4OM   | 12  | <b>BCAA Power</b> Fermented BCAA Formula <i>Orange Mango</i> 415g  | \$72.95 |
| B4PC   | 12  | <b>BCAA Power</b> Fermented BCAA Formula <i>Pina Colada</i> 396g   | \$72.95 |
| B5FP   | 12  | <b>BCAA Power</b> 100% Branched Chain Amino Acids <i>Fruit Punch</i> 500g  | \$75.95 |
| PC2FP  | 4   | <b>Power Carb</b> Rapid Muscle Glycogen Super Loader <i>Fruit Punch</i> 998g   | \$78.95 |
| PC2LL  | 4   | <b>Power Carb</b> Rapid Muscle Glycogen Super Loader <i>Lemon Lime</i> 998g  | \$78.95 |
| PC2U   | 4   | <b>Power Carb</b> Rapid Muscle Glycogen Super Loader <i>Unflavored</i> 998g  | \$78.95 |
| LCA320 | 12  | <b>Complete Aminos</b> 100% Amino Acids Tablets 320c   | \$60.95 |
| AT2TP  | 12  | <b>Amino Thrust</b> Essential Amino Acid Formula <i>Tropical Punch</i> 235g <b>REDUCED PRICE!</b>                            | \$42.95 |
| AT2OM  | 12  | <b>Amino Thrust</b> Essential Amino Acid Formula <i>Orange Mango</i> 252g <b>new flavour!</b>                                | \$42.95 |
| AT2PC  | 12  | <b>Amino Thrust</b> Essential Amino Acid Formula <i>Pina Colada</i> 234g <b>new flavour!</b>                                 | \$42.95 |
| AT2GA  | 12  | <b>Amino Thrust</b> Essential Amino Acid Formula <i>Green Apple</i> 246g <b>new flavour!</b>                                 | \$42.95 |
| EJFP   | 12  | <b>ElastiJoint</b> Joint Support Formula Drink Mix <i>Fruit Punch</i> 350g <b>REDUCED PRICE!</b>                             | \$56.95 |
| EJG    | 12  | <b>ElastiJoint</b> Joint Support Formula Drink Mix <i>Grape</i> 350g <b>REDUCED PRICE!</b>                                   | \$56.95 |
| EJO    | 12  | <b>ElastiJoint</b> Joint Support Formula Drink Mix <i>Orange</i> 350g <b>REDUCED PRICE!</b>                                  | \$56.95 |
| LA4TP  | 6   | <b>Liquid L-Carnitine</b> Fast Acting Liquid Amino <i>Tropical Punch</i> 473ml   | \$49.95 |
| LFBFBF | 12  | <b>Lean Body Hi-Energy Fat Burner</b> <i>Fruit Punch</i> 90g   | \$45.95 |
| A2120  | 12  | <b>A2 Pump</b> 100% Arginine Ethyl Ester HCl 120c <b>REDUCED PRICE!</b>  | \$51.95 |
| BA120  | 12  | <b>BA Endurance</b> 100% Beta-Alanine 120c <b>REDUCED PRICE!</b>   | \$39.95 |
| CL2    | 12  | <b>C2 Strength</b> 100% Creatine Ethyl Ester HCl 120c  | \$42.95 |
| KA120  | 12  | <b>Kre-Alkalyn</b> pH Corrected Creatine Concentrate 120c <b>REDUCED PRICE!</b>  | \$39.95 |
| KA240  | 12  | <b>Kre-Alkalyn</b> pH Corrected Creatine Concentrate 240c <b>REDUCED PRICE!</b>  | \$67.95 |
| CL5    | 12  | <b>CreaLean</b> 100% Pure Creatine Monohydrate 500g  | \$50.95 |
| GL5    | 12  | <b>GlutaLean</b> 100% Pure L-Glutamine 500g  | \$68.95 |
| CSS    | 12  | <b>Charge! SuperShot</b> Healthy Energy Drink 6x 75ml  | \$4.50  |
| HM90   | 12  | <b>HICA-Max</b> Muscle Growth Stimulator <i>Lime • Fruit • Watermelon • Orange</i> 90 Chewable Tablets <b>REDUCED PRICE!</b> | \$55.95 |
| LGS2   | 12  | <b>Greens Full-Spectrum Superfood</b> 210g <b>NEW!</b>   | \$55.95 |
| LGCM90 | 12  | <b>Garcinia Cambogia</b> 90c   | \$39.95 |
| RKL60  | 12  | <b>Raspberry Ketones</b> 60c   | \$31.95 |
| GCBL90 | 12  | <b>Green Coffee Bean Extract</b> 90c   | \$46.95 |
| LUA120 | 12  | <b>Ursolic Acid</b> 120c <b>NEW!</b>   | \$36.95 |
| LGC60  | 12  | <b>GlycoCarn (GPLC)</b> Nitric Oxide Booster 60c <b>REDUCED PRICE!</b>   | \$36.00 |
| SCFP   | 6   | <b>Super Charge! Xtreme</b> Pre-Workout Performance Enhancer <i>Fruit Punch</i> 800g   | \$98.95 |
| SCG    | 6   | <b>Super Charge! Xtreme</b> Pre-Workout Performance Enhancer <i>Grape</i> 800g   | \$98.95 |
| SCO    | 6   | <b>Super Charge! Xtreme</b> Pre-Workout Performance Enhancer <i>Orange</i> 800g  | \$98.95 |
| SC6RL  | 6   | <b>Super Charge!</b> Pre-Workout <i>Raspberry Lemonade</i> 675g  | \$93.95 |
| SC6W   | 6   | <b>Super Charge!</b> Pre-Workout <i>Watermelon</i> 675g  | \$93.95 |
| SC61FP | 6   | <b>Stim-Free Super Charge!</b> Pre-Workout <i>Fruit Punch</i> 675g   | \$93.95 |
| SC61G  | 6   | <b>Stim-Free Super Charge!</b> Pre-Workout <i>Grape</i> 675g   | \$93.95 |



# STRAIGHT TALK



## Welcome to our 2016 Resource Guide!

To celebrate our 21st year of serving our dedicated, loyal Labrada brand followers, we're updating our Labrada product packaging to a cleaner, more modern look that will make it easier than ever for you to quickly find the Labrada supplements that fit your needs.

When we're done with these packaging updates, you'll still enjoy the same great quality, same great formulas and the same personal product guarantee that I've stood behind for over 20 years: **"If it's on the label, it's in the bottle!"**®

All Labrada products are assayed by a third party, independent analytical lab to ensure that they meet label claim. When you purchase a Labrada supplement, you get what you pay for with your hard-earned money:

### Real Ingredients, Real Potency, Real Results.

That's why since 1995, I have proudly laid my hard-earned reputation on the line by stamping my products with my Personal Quality Guarantee Seal.

We know that when it comes to supplements, you have many choices available. So if you're already using my Labrada Nutrition supplements, I want to extend my heartfelt thanks and appreciation to you. And if you haven't switched to Labrada yet, then allow me to extend a personal invitation to you, and that is, "If you give us the opportunity, we'd like to earn your trust also." See why we've become known as the most trusted name in sports nutrition. Try Labrada supplements today.

Thank you for the privilege of serving you.

Yours for a leaner body,

CEO/Founder, Labrada Nutrition  
IFBB Pro Bodybuilding Hall of Fame



# MASS WITH CLASS LEE LABRADA



One of the world's most well known and celebrated bodybuilding legends, Lee Labrada holds 22 professional bodybuilding titles, including the IFBB Mr. Universe. He is one of the few pro bodybuilders in history to consistently place in the top four at the Mr. Olympia competition (the "Super Bowl" of bodybuilding) for seven consecutive years. In 2004, Lee was inducted into the IFBB Pro-Bodybuilding Hall of Fame. He has appeared on the covers of more than 100 bodybuilding and fitness magazines and has been featured on CNBC, FOX, NBC, ABC, CBS, CNN, and ESPN as a fitness and nutrition expert.

Lee's desire to help others reach their health and nutrition goals inspired him to found Labrada Nutrition, and create his line of award-winning sports nutrition and supplement products. Equally successful in business as he is in the gym, Lee led Labrada Nutrition to become one of the fastest growing privately-held companies in the U.S.—earning Inc. 500 status—in only six years.

In 2002, Lee was appointed the first Fitness Czar for the City of Houston, where he helped launch "Get Lean Houston!," a health and fitness campaign designed to get the city's residents into better shape. Lee is credited with helping Houston shed the dubious honor of being named "Fattest City in America."

Lee brings real-life experience to the nutrition and exercise techniques presented in his best selling book, *The Lean Body Promise* (Harper Collins). Lee's approach is meant to appeal to anyone interested in making positive physical changes in their body, not just the elite athlete.

Lee holds a Bachelor's Degree in Civil Engineering from the University of Houston and lives in Houston, Texas with his wife and three sons.

**PHOTOS BY:** Bryan Anderson, Alex Ardent, Per Bernal, Bobby Black, Don Bresano, Mike Byerly, Thomas Coffman, Travis Coffman, Joe Damaso, Michael David, Glenn Fajota, Jorge Freire, Michael Hall, Simon Howard, Glenn Jodun, KerriAnn Images, Eric Knappe, Joseph Lindstrom, Bobby Ramirez, Martin Sheppard, Laura Sparks, Steven Trujillo, Romark Weiss.

- 1982** — 1ST PLACE NPC Collegiate Texas Championships
- 1982** — 1ST PLACE NPC Jr. Gulf Coast Championships
- 1983** — 1ST PLACE NPC Texas Bodybuilding Championships
- 1984** — 1ST RUNNER-UP NPC USA Bodybuilding Championships
- 1985** — 1ST PLACE NPC Nationals
- 1985** — 1ST PLACE IFBB Mr. Universe
- 1986** — 1ST PLACE IFBB Night of Champions
- 1987** — 1ST RUNNER-UP IFBB Professional World Championships
- 1987** — 2ND RUNNER-UP Mr. Olympia
- 1988** — 3RD RUNNER-UP Mr. Olympia
- 1988** — 1ST PLACE Greek Grand Prix
- 1988** — 1ST PLACE British Grand Prix
- 1988** — 1ST PLACE Spanish Grand Prix
- 1989** — 1ST RUNNER-UP Mr. Olympia
- 1989** — 1ST PLACE British Grand Prix
- 1989** — 1ST PLACE Netherlands Grand Prix
- 1989** — 1ST PLACE Finnish Grand Prix
- 1990** — 1ST RUNNER-UP Mr. Olympia
- 1991** — 3RD RUNNER-UP Mr. Olympia
- 1992** — 2ND RUNNER-UP Mr. Olympia
- 1992** — 1ST PLACE Pro World Cup
- 1993** — 1ST RUNNER-UP Ironman Invitational
- 1993** — 1ST RUNNER-UP Arnold Schwarzenegger Classic
- 1993** — 3RD RUNNER-UP Mr. Olympia





## Lean Body® MRP

### HI-PROTEIN MEAL REPLACEMENT SHAKE

Lean Body® Meal Replacement Shakes provide maximum support for lean muscle growth and help you burn fat. Each easy-to-use packet contains 40 grams of LeanPro®, our exclusive blend of the highest quality proteins. It also provides 24 essential vitamins and minerals and only 7 grams of sugar. Lean Body® contains no maltodextrin, artificial colors, preservatives, or trans fat.

- Available in 20 and 42 Count
- 40g LeanPro® Protein
- Gluten-Free, Aspartame-Free
- 8g Fiber Plex™ Fiber
- Easy-to-Use Packets

**FLAVORS:** Vanilla, Chocolate, Strawberry

### NUTRITION FACTS

Serving Size: 1 Packet (79g), Servings Per Container: 20 or 42. Amount Per Serving: Calories 330, Fat Calories 70, Total Fat 8g, Saturated Fat 2.5g, Trans Fat 0g, Cholesterol 90mg, Sodium 390mg, Potassium 410mg, Total Carbohydrate 24g, Fiber 8g, Sugars 7g, Protein 40g. Nutrition facts may vary by flavor.

**Ingredients:** LeanPro® (Cross Flow Micro Ultrafiltered Whey Protein Concentrate, Cross Flow Micro Ultrafiltered Whey Protein Isolate, Milk Protein Isolate, Glutamine Peptides), EFA Plex™ (Sunflower Oil, Creamer [High Oleic Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols], MCT Oil, Flaxseed Oil, Borage Oil), Fiber Plex™ (Polydextrose, Fibersol 2 Fiber, Cellulose Gum, Oat Flour, Rice Bran), Natural and Artificial Flavors, Vitamin & Mineral Blend (Di-Calcium Phosphate, Magnesium Oxide, Ascorbic Acid, Vitamin E Acetate, Niacinamide, Electrolytic Iron, Zinc Oxide, D-Calcium Pantothenate, Pyridoxine Hydrochloride, Copper Gluconate, Riboflavin, Vitamin A Acetate, Thiamin Mononitrate, Folic Acid, Potassium Iodide, Cyanocobalamin), Fructose, Salt, Sucralose, Acesulfame Potassium.

## Lean Body® JUG

### HI-PROTEIN MEAL REPLACEMENT SHAKE

Each serving of Lean Body® provides 35 grams of highly bioavailable proteins to nourish lean muscles and promote strength. Lean Body® provides 21 essential vitamins and minerals, essential fatty acids, and only 6 grams of sugar. You also get 7 grams of fiber for healthy digestion, glutamine to prevent muscle breakdown, and much more. All this in a formula that's free of maltodextrin, artificial colors, preservatives, or trans fat.

- Stimulates Muscle Growth!
- Get Stronger! – 6000mg BCAA
- Recover Faster! – 7000mg Glutamine
- Get Leaner! – 8000mg EFA Plex™ EFAs

**FLAVORS:** Vanilla, Chocolate, Strawberry, Chocolate Peanut Butter, Cinnamon Bun

### NUTRITION FACTS

Serving Size: 2 Scoops (70g), Servings Per Container: 16. Amount Per Serving: Calories 290, Fat Calories 60, Total Fat 7g, Saturated Fat 2g, Trans Fat 0g, Cholesterol 80mg, Sodium 350mg, Potassium 360mg, Total Carbohydrate 21g, Fiber 7g, Sugars 6g, Protein 35g. Nutrition facts may vary by flavor.

**Ingredients:** LeanPro® (Cross Flow Micro Ultrafiltered Whey Protein Concentrate, Milk Protein Isolate, Cross Flow Micro Ultrafiltered Whey Protein Isolate, Glutamine Peptides), EFA Plex™ (Sunflower Oil, Creamer [High Oleic Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols], MCT Oil, Flaxseed Oil, Borage Oil), Fiber Plex™ (Polydextrose, Fibersol 2 Fiber, Cellulose Gum, Oat Flour, Rice Bran), Natural and Artificial Flavors, Vitamin & Mineral Blend (Di-Calcium Phosphate, Magnesium Oxide, Ascorbic Acid, Vitamin E Acetate, Niacinamide, Electrolytic Iron, Zinc Oxide, D-Calcium Pantothenate, Pyridoxine Hydrochloride, Copper Gluconate, Riboflavin, Vitamin A Acetate, Thiamin Mononitrate, Folic Acid, Potassium Iodide, Cyanocobalamin), Fructose, Salt, Sucralose, Acesulfame Potassium.





LEAN BODY®  
Ready-To-Drink  
Salted Caramel

- > 12 Bottles per Case
- > Packed with 40g of LeanPro® Protein
- > Contains 0 sugar, trans fats, and lactose
- > Helps build lean, eye-catching muscle

**Other flavors:**  
Chocolate Ice Cream  
Banana & Cream  
Cookies& Cream  
Strawberries & Cream  
Vanilla Ice Cream

The Lean Body® Ready-to-Drink (RTD) Shake is more than just a convenient drink – it's a nutritional powerhouse designed to help you quickly burn fat to build noticeable muscle. With 40 grams of high-quality protein and zero sugar per serving, Lean Body RTDs make getting that perfect physique easier than ever.

| Nutrition Facts  |                  |     |
|--|------------------|-----|
| Serving Size: 1 Container<br>17 fl oz / 500 mL           |                  |     |
| Amount Per Serving                                       |                  |     |
| Calories 280   |                  |     |
| Calories from Fat 80                                     |                  |     |
| % Daily Value*   |                  |     |
| Total Fat  | 9g               | 14% |
| Saturated Fat  | 1g               | 5%  |
| Trans Fat  | 0g               |     |
| Cholesterol  | 25mg             | 8%  |
| Sodium   | 600mg            | 25% |
| Potassium  | 800mg            | 23% |
| Total Carbohydrate                                       | 9g               | 3%  |
| Dietary Fiber  | 5g               | 20% |
| Sugars   | 0g               |     |
| Protein  | 40g              | 80% |
| Vitamin A  | 25% • Vitamin C  | 25% |
| Calcium  | 40% • Iron       | 0%  |
| Vitamin D  | 25% • Vitamin E  | 25% |
| Vitamin K  | 25% • Thiamin    | 25% |
| Riboflavin   | 25% • Niacin     | 25% |
| Vitamin B6   | 25% • Folate     | 25% |
| Vitamin B12  | 25% • Biotin     | 25% |
| Pantothenic Acid   | 25% • Phosphorus | 40% |
| Iodine   | 25% • Magnesium  | 25% |
| Zinc   | 25% • Selenium   | 25% |
| Copper   | 25% • Manganese  | 25% |
| Chromium   | 25% • Molybdenum | 25% |
| *Percent Daily Values are based on a 2,000 calorie diet. |                  |     |
| Calories per gram:<br>Fat 9 • Carbohydrate 4 • Protein 4 |                  |     |

- > Zero Sugar
- > NO Trans Fats
- > Lactose Free



**INGREDIENTS:** Filtered Water, Lean Pro® (Special Blend Of Spray Dried Unfiltered Milk Protein Isolate, Yielding Fast Acting Whey Protein Peptides, Branched Chain Amino Acids, L-Glutamine Peptides, and Slow Acting Casein Peptides, Whey Protein Concentrate, Calcium Caseinate), Natural Flavors, High Oleic-Safflower Oil, FiberPlex™ (Fructooligosaccharides, Cellulose Gel, Cellulose Gum, Xanthan Gum, Carrageenan), Vitamin And Mineral Blend (Potassium Phosphate, Potassium Citrate, Magnesium Phosphate, Sodium Ascorbate, Zinc Sulfate, Tocopherol Acetate, Biotin, Vitamin A Palmitate, Niacinamide, Phytonadione Potassium Iodide, D-Calcium Pantothenate, Chromium Chloride, Copper Sulfate, Cyanocobalamin, Sodium Molybdate, Sodium Selenite, Folic Acid, Cholecalciferol, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Manganese Sulfate), Natural Flavors, Soy Lecithin, Caramel Color, Sucralose, Acesulfame Potassium



Lean Body® 14oz. RTD  
HI-PROTEIN READY-TO-DRINK MILK SHAKE

| Nutrition Facts   |       |            |     |
|---|-------|------------|-----|
| Serving Size: 1 Bottle<br>(14 fl oz/414 mL)             |       |            |     |
| Servings Per Case: 12                                   |       |            |     |
| Amount per Serving                                      |       |            |     |
| Calories 180  |       |            |     |
| Calories from Fat 60                                    |       |            |     |
|   |       | % DV*      |     |
| Total Fat   | 7g    |            | 11% |
| Saturated Fat   | .5g   |            | 3%  |
| Trans Fat   | 0g    |            |     |
| Cholesterol   | 10mg  |            | 3%  |
| Sodium  | 380mg |            | 16% |
| Potassium   | 585mg |            | 18% |
| Total Carbohydrate                                      | 5g    |            | 2%  |
| Dietary Fiber   | 4g    |            | 17% |
| Sugars  | 0g    |            |     |
| Protein   | 25g   |            |     |
| Vitamin A   | 20%   | Vitamin C  | 20% |
| Calcium   | 25%   | Iron       | 20% |
| Vitamin D   | 20%   | Vitamin E  | 20% |
| Vitamin K   | 20%   | Thiamin    | 20% |
| Riboflavin  | 20%   | Niacin     | 20% |
| Vitamin B6  | 20%   | Folate     | 20% |
| Vitamin B12   | 20%   | Biotin     | 20% |
| Pantothenic Acid  | 20%   | Phosphorus | 30% |
| Iodine  | 20%   | Magnesium  | 20% |
| Zinc  | 20%   | Selenium   | 20% |
| Copper  | 20%   | Manganese  | 20% |
| Chromium  | 20%   | Molybdenum | 20% |
| *Percent Daily Values are based on a 2000 calorie diet. |       |            |     |

\*Nutrition Facts may vary by flavor



**Ingredients:** Filtered Water, LeanPro® (Special Blend of Spray Dried Ultrafiltered Milk Protein Isolate, Yielding Fast Acting Whey Protein Peptides, Branched Chain Amino Acids, L-Glutamine Peptides, and Slow Acting Casein Peptides, Whey Protein Concentrate, Calcium Caseinate), High Oleic Safflower Oil, Cocoa Processed with Alkali, Cocoa, **Fiber Plex™** (Fructooligosaccharides, Cellulose Gel, Cellulose Gum, Carageenan, Xanthan Gum), Vitamin and Mineral Blend (Potassium Phosphate, Potassium Citrate, Magnesium Phosphate, Sodium Ascorbate, Zinc Sulfate, Tocopherol Acetate, Biotin, Vitamin A Palmitate, Niacinamide, Phytonadione, Potassium Iodide, D-calcium Pantothenate, Chromium Chloride, Copper Sulfate, Cyanocobalamin, Sodium Molybdate, Sodium Selenite, Folic Acid, Cholecalciferol, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Ferric Orthophosphate, Manganese Sulfate), Natural Flavors, Soy Lecithin, Citric Acid, Sucralose, Salt, Acesulfame Potassium.

**Allergen Information:** Contains Milk, Soy.

Vanilla Ice Cream • Chocolate Ice Cream  
Strawberries & Cream • Bananas & Cream  
Cookies & Cream

Still the  
**#1**  
BEST TASTING  
SHAKE  
in America!



- 25g of LeanPro® Protein
- Zero Sugar! Lactose-Free!
- 0g Trans Fat
- Only 180 Calories
- Easy-to-Open Resealable Top





CHAD jackson

## CarbWatchers® LEAN BODY®

### LOW CARB, HI-PROTEIN MEAL REPLACEMENT SHAKE

What makes CarbWatchers® Lean Body® unique is its low-sugar profile, ideal for athletes who want to strengthen muscle while maintaining a tight midsection and overall lean look. All this in a delicious formula that's won the American Tasting Institute's Gold Medal for Taste!

- **40g LeanPro® Protein**
- **Only 1-3g of Sugar**
- **4-5g Fiber Plex™ Fiber**
- **Easy-to-Use Packets**

**FLAVORS:** Vanilla Ice Cream, Chocolate Ice Cream, Strawberry Ice Cream

### NUTRITION FACTS

Serving Size: 1 Packet (65g), Servings Per Container: 20 or 42. Amount Per Serving: Calories 250, Fat Calories 40, Total Fat 4.5g, Saturated Fat 1g, Trans Fat 0g, Cholesterol 25mg, Sodium 350mg, Potassium 360mg, Total Carbohydrate 12g, Fiber 4g, Sugars 3g, Protein 40g. Nutrition facts may vary by flavor.

**Ingredients:** LeanPro® (Cross Flow Micro Ultrafiltered Whey Protein Isolate, Cross Flow Micro Ultrafiltered Whey Protein Concentrate), Natural & Artificial Flavors, EFA Plex™ (Sunflower Oil, Creamer [High Oleic Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols], MCT Oil, Flaxseed Oil, Borage Oil), Fiber Plex™ (Polydextrose, Fibersol 2 Fiber, Cellulose Gum, Oat Flour, Rice Bran), Vitamin & Mineral Blend (Di-Calcium Phosphate, Magnesium Oxide, Ascorbic Acid, Vitamin E Acetate, Niacinamide, Electrolytic Iron, Zinc Oxide, D-Calcium Pantothenate, Pyridoxine Hydrochloride, Copper Gluconate, Riboflavin, Vitamin A Acetate, Thiamin Mononitrate, Folic Acid, Potassium Iodide, Cyanocobalamin), Salt, Sucralose, Acesulfame Potassium.

## LEAN BODY® For Her



### WOMAN'S HI-PROTEIN MEAL REPLACEMENT SHAKE

Lean Body® for Her was designed for the unique nutritional needs of women. Lean Body® for Her meets these needs with its delicious and portable nutrition.

Women of all ages and body types can benefit from the concentrated source of protein, essential vitamins and minerals, and low-sugar profile found in Lean Body® for Her. If you're weight training and doing cardio several times a week, there's even more reason to use Lean Body® for Her. Its female-specific formula ensures you're consuming adequate amounts of protein to help super-charge your metabolism and keep unwanted fat off. More than just a tool to help you look better, Lean Body® for Her will also help you feel better with its calcium, iron, soy protein, and other health-promoting ingredients and antioxidants.

- **30g Protein per Serving!**
- **Increases Energy**
- **Beats Hunger**
- **Low Fat**

**FLAVORS:** Soft Vanilla Ice Cream, Soft Chocolate Ice Cream, Strawberry Ice Cream

### NUTRITION FACTS

Serving Size: 1 Packet (49g), Servings Per Container: 20. Amount Per Serving: Calories 190, Fat Calories 30, Total Fat 3.5g, Saturated Fat 1g, Trans Fat 0g, Cholesterol 20mg, Sodium 270mg, Potassium 270mg, Total Carbohydrate 9g, Fiber 3g, Sugars 2g, Protein 30g. Nutrition facts may vary by flavor.

**Ingredients:** LeanPro® (Cross Flow Micro Ultrafiltered Whey Protein Isolate, Cross Flow Micro Ultrafiltered Whey Protein Concentrate, Soy Protein Isolate (non-GMO), Natural & Artificial Flavors, EFA Plex™ (Sunflower Oil, Creamer [High Oleic Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols], MCT Oil, Flaxseed Oil, Borage Oil), Fiber Plex™ (Polydextrose, Fibersol 2 Fiber, Cellulose Gum, Oat Flour, Rice Bran), Vitamin & Mineral Blend (Di-Calcium Phosphate, Magnesium Oxide, Ascorbic Acid, Vitamin E Acetate, Niacinamide, Electrolytic Iron, Zinc Oxide, D-Calcium Pantothenate, Pyridoxine Hydrochloride, Copper Gluconate, Riboflavin, Vitamin A Acetate, Thiamin Mononitrate, Folic Acid, Potassium Iodide, Cyanocobalamin), Salt, Sucralose, Acesulfame Potassium.



Available in 20 and 42 Count



SAMANTHA slaven





## LEAN BODY® Natural

### HI-PROTEIN MEAL REPLACEMENT SHAKE

Lean Body® Natural is made with natural flavorings and sweetened with organic cane sugar and monk fruit. Lean Body® Natural has a 50/30/20 (protein/carbohydrate/fat) ratio of macronutrients consisting of highly bioavailable, time-release proteins, high-fiber complex carbohydrates, and essential fatty acids for nutritional support! It's also packed with 20 grams of LeanPro® proprietary blend of fast-release and slow-release proteins, providing a sustained flow of vital amino acids to support lean muscle tissue, recovery from exercise, and fat burning metabolism.

- **Only Natural Flavors & Sweeteners**
- **No Preservatives or Artificial Colors**
- **3,420mg of BCAAs**
- **3,990mg of Glutamine**
- **4g of FiberPlex™ Dietary Fiber**

**FLAVORS:** Natural Vanilla, Natural Chocolate

### NUTRITION FACTS

Serving Size: 1 Scoop (40g), Servings Per Container: 17. Amount Per Serving: Calories 160, Fat Calories 40, Total Fat 4g, Saturated Fat 0g, Trans Fat 0g, Cholesterol 17mg, Sodium 150mg, Potassium 150mg, Total Carbohydrate 11g, Fiber 4g, Sugars 3g, Protein 20g. Nutrition facts may vary by flavor.

**Ingredients:** LeanPro® (Cross-Flow Micro Ultrafiltered Whey Protein Concentrate, Calcium Caseinate), Sunflower Oil, FiberPlex™ (Polydextrose, Fibersol-2, Cellulose Gum), Natural Flavors, Organic Cane Sugar, Erythritol, MCT Oil, Sea Salt, Monk Fruit Extract.



My Lean Body® for Her 100% Whey Protein Shake not only tastes incredibly delicious, it's made with wholesome, natural ingredients. My philosophy is to keep it simple, as natural as possible, and delicious.

Use Lean Body® for Her 100% Whey Protein Shake as an excellent source of highly bio-available protein to help repair and build lean muscle, support your immune system, and enjoy greater health.

| Nutrition Facts  |       |                      |
|--|-------|----------------------|
| Serving Size: 1 scoop (42g)  |       |                      |
| Servings Per Container: 30   |       |                      |
| Amount Per Serving   |       |                      |
| Calories   | 170   | Calories from Fat 35 |
| % Daily Value*   |       |                      |
| Total Fat  | 3.5g  | 6%                   |
| Saturated Fat  | 1.5g  | 8%                   |
| Trans Fat  | 0g    |                      |
| Cholesterol  | 70mg  | 23%                  |
| Sodium   | 130mg | 5%                   |
| Potassium  | 150mg | 4%                   |
| Total Carbohydrate   | 10g   | 3%                   |
| Dietary Fiber  | 3g    | 12%                  |
| Sugars   | 3g    |                      |
| Protein  | 25g   |                      |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. |       |                      |
| Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4  |       |                      |

**Ingredients:** Cross-Flow Micro Ultrafiltered Whey Protein Concentrate, Sunflower Oil, Calcium Caseinate, Inulin (Chicory Root), Organic Cane Sugar, Natural Flavors, Xanthan Gum, Sea Salt, Monkfruit Extract, Soy Lecithin.





# Lean Body® for Her

## Whey Protein Isolate Shake

Lean Body® for Her Whey Protein Isolate shake not only tastes incredibly delicious, it's made with wholesome, natural ingredients.

Use Lean Body® for Her Whey Protein Isolate as an excellent source of highly bio-available protein to repair and build lean muscle, support your immune system, and enjoy greater health. Not only is whey protein great post workout, it's also great to use throughout the day to stabilize blood sugar and suppress food cravings. Whey protein helps you to stay fuller longer, satisfying your appetite.

**NO** Preservatives  
Gluten or Lactose  
Artificial Sweeteners  
Artificial Colors or Flavors

**Flavors:** Natural Vanilla, Natural Chocolate

### Nutrition Facts

Serving Size: 1 Scoop (~40g), Servings Per Container: 17. Amount Per Serving: Calories 150, Fat Calories 30, Total Fat 3g (5% DV), Saturated Fat <1g (0% DV), Trans Fat 0g, Cholesterol 17mg ( 6% DV), Sodium 150mg (3% DV), Potassium 150mg (4% DV), Total Carbohydrate 6g (2% DV), Dietary Fiber 3g (12% DV), Sugars 4g, Protein 25g (50% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet. Nutrition facts may vary by flavor.

**Ingredients:** Cross-Flow Micro Ultrafiltered Whey Protein Isolate, Sunflower Oil, Calcium Caseinate, Inulin (Chicory Root), Organic Cane Sugar, Natural Flavors, Xanthan Gum, Sea Salt, Monkfruit Extract.

**Allergen Information:** Contains Milk, Soy.



- > Natural Whey Protein Isolate
- > Smooth, Delicious Flavor
- > 25 Grams of High-Quality Protein
- > Only 3 Grams of Fat



### Jamie Eason's Lean Body® for Her Natural Whey Protein Isolate

In early discussions of this new product line, one thing was certain: a delicious, wholesome, and high-quality protein powder would be first on the list of developments. After all, every fitness minded woman needs a good protein supplement that not only works, but it has to taste great!

That product is here! **LABRADA® NUTRITION** is proud to introduce you to Jamie Eason's new **Lean Body® for Her Natural Whey Protein Isolate**.

Most fitness enthusiasts will agree that a high quality protein powder is a staple in their diet. Jamie has supplemented her diet with protein powder for years and this has contributed greatly to her ability to stay in great shape year round. Although staying in great shape takes consistency and commitment to exercise, it also takes proper nutrition to serve as fuel to reach your goals.

While it's certainly important to consume lean protein from sources like eggs, chicken breast, turkey or tofu, none of these are as fast absorbing as a whey protein isolate.

That means after a rigorous workout when your muscles are starved for sustenance to help them repair and grow, they'll get the nourishment they need more quickly than from other slowly digested proteins.

Jamie Eason's whey protein isolate is a great way to ensure that you have the protein you'll need for fast muscle recovery, and to help maximize the results of your workouts.

**Lean Body® for Her Natural Whey Protein Isolate** contains the finest and purest ingredients, so you can be sure you're getting the very best grade of complex whey protein possible to nourish your body.

Not only is whey protein great for post workout, it's also great to use throughout the day to stabilize blood sugar and suppress food cravings. Whey protein helps you to stay fuller longer, so it satisfies your appetite.

While some protein supplements contain just 30% to 40% of whey protein and high amounts of lactose, fat and lower grade proteins, we've ensured that there is no gluten, lactose or filler ingredients in our formula. We've even ensured there is no gluten or lactose in our formula!

**Lean Body® for Her Natural Whey Protein Isolate** is a clean source of fuel for the body, with an excellent rate of absorption (bioavailability) and is devoid of saturated fats and empty carbohydrates, so your body only gets what it needs. Sometimes it's about the little things.

**LABRADA® NUTRITION** supplements were developed to help you reach your goals of achieving a healthy and fit body for life. With that in mind, things like convenience and portability are

important, and that's why we designed **Lean Body® for Her Natural Whey Protein Isolate** in an easy, re-sealable bag. It won't take up a ton of cupboard space like some protein jugs do, and it's easy to get to (and travel with) when you need it on the spot.

You also have three easy mixing options: in a glass, in a shaker bottle, or in a blender. So, wherever you are, **Lean Body® for Her Natural Whey Protein Isolate** will fit your lifestyle.

### Jamie Eason's Lean Body® for Her Natural Whey Protein Isolate

- Smooth, delicious flavors
- Easy, on-the-go nutrition
- 25 grams of high-quality protein
- Just 3 grams of fat
- No gluten
- No lactose
- No artificial flavors
- No artificial colors
- No preservatives
- No artificial sweeteners

# Nutrition Facts

Serving Size: 1 Scoop (~40g)  
Servings Per Container: 17

| Amount Per Serving |                      |     |
|--------------------|----------------------|-----|
| Calories 150       | Calories from Fat 30 |     |
|                    | % Daily Value*       |     |
| Total Fat          | 3g                   | 5%  |
| Saturated Fat      | <1g                  | 0%  |
| Trans Fat          | 0g                   |     |
| Cholesterol        | 17mg                 | 6%  |
| Sodium             | 150mg                | 3%  |
| Potassium          | 150mg                | 4%  |
| Total Carbohydrate | 6g                   | 2%  |
| Dietary Fiber      | 3g                   | 12% |
| Sugars             | 3g                   |     |
| Protein            | 25g                  | 50% |

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4





- **3-in-1 Product**
- **Delicious & Versatile**
- **Sweetened with Monk Fruit and Stevia**
- **Vegetarian Friendly**
- **Gluten & Lactose Free**
- **Preservative Free**
- **No Artificial: Colors, Flavors, or Sweeteners**

My **Multi-Purpose Peanut Protein** is made with only wholesome, natural ingredients.

My philosophy is **“Keep it Simple,”** as natural as possible, and make it delicious.

Use my **Multi-Purpose Peanut Protein** as an excellent source of vegetarian-friendly protein to support lean muscle, and promote great health.

My **Multi-Purpose Peanut Protein** is wonderfully delicious, but it is also extremely versatile. Use it to make a shake, use it as a creamy spread, or simply sprinkle it onto other foods.



#### SHAKE:

1) Peanut Protein can be mixed with water or skim milk to make a healthy, mouth-watering peanut butter protein shake. Just mix two scoops (51g) in 5 ounces of cold water or skim milk and either blend in your mixer, or shake it up in your shaker cup.



#### SPREAD:

2) It can be easily mixed with water to make a creamy peanut butter spread. Simply stir 3 tablespoons of powder with 3 tablespoons of water. Now you can either eat it as-is, spread it in a sandwich, or add it to whatever!



#### TOPPING:

3) You can use it as a topping to add to yogurt, oatmeal or your favorite snack. Sprinkle it onto whatever you wish to give a tasty punch of peanut-butter.

#### What is Peanut Protein Powder?

Peanut Protein Powder is a multi-purpose protein drink mix, made exclusively from peanuts. Unlike other peanut butter protein drinks on the market, which tend to be flavored whey or casein, this protein contains only peanuts, natural flavors and natural sweeteners, making it both lactose free and gluten free, as well as vegetarian friendly.

#### What is the benefit of peanut protein and how is it multi-purpose?

Peanut butter flavors are always top sellers in the protein bar and cookie market. As a shake, peanut butter tends to be a favorite as well. While we could have easily formulated a great tasting peanut butter flavored whey

protein, our goal was to be the first to offer a peanut protein powder, made exclusively from peanuts and natural ingredients that tastes incredible, has multiple uses and could benefit most any consumer.

With Jamie Eason's Peanut Protein Powder, we are excited to off a product that can be used as a spread, a topping, or a shake that will give you all of the protein you need with less of the fat.

#### Is Jamie Eason's Multi-Purpose Peanut Protein vegetarian friendly?

Yes, it's made with natural ingredients such as defatted peanut protein, monk fruit, organic cane sugar, and stevia.

There is a trace amount of milk flavor present in one of the natural flavors used, but it's completely lactose free, gluten free, and is also vegetarian friendly.

| Nutrition Facts   |  |                     |     |                |     |
|---|--|---------------------|-----|----------------|-----|
| Serving Size:   |  | 2 tablespoons (14g) |     | 2 scoops (51g) |     |
| Servings Per Container:   |  | ~109                |     | 30             |     |
| Amount Per Serving  |  | % DV*               |     | % DV*          |     |
| Calories  |  | 50                  |     | 220            |     |
| Calories from Fat   |  | 20                  |     | 60             |     |
| Total Fat   |  | 2g                  | 3%  | 7g             | 11% |
| Saturated Fat   |  | 0g                  | 0%  | 1g             | 5%  |
| Trans Fat   |  | 0g                  |     | 0g             |     |
| Cholesterol   |  | 0mg                 | 0%  | 0mg            | 0%  |
| Sodium  |  | 26mg                | 1%  | 94mg           | 4%  |
| Potassium   |  | 131mg               | 4%  | 476mg          | 14% |
| Total Carbohydrate  |  | 5g                  | 2%  | 19g            | 6%  |
| Dietary Fiber   |  | 1g                  | 4%  | 5g             | 20% |
| Sugars  |  | 1g                  |     | 5g             |     |
| Protein   |  | 6g                  | 12% | 20g            | 40% |
| Vitamin A   |  | 0%                  |     | 0%             |     |
| Vitamin C   |  | 0%                  |     | 0%             |     |
| Calcium   |  | <1%                 |     | 3%             |     |
| Iron  |  | 2%                  |     | 6%             |     |
| * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. |  |                     |     |                |     |
| Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4   |  |                     |     |                |     |

**Ingredients:** Specially Filtered Partially Defatted Pure Roasted Peanut Protein, Natural Flavors, Organic Cane Sugar, Xylitol, Xanthan Gum, Salt, Monkfruit Extract, Stevia Leaf Extract.

**Contains:** Milk, Peanuts, Soy (Lecithin). Manufactured in a facility that processes milk, soy, wheat, peanut, shellfish, and egg products.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Warning:** Xylitol is safe for people, but harmful to dogs. Do not feed to pets.

**LABRADA**  
NUTRITION

## LEAN BODY® FOR HER Stimulant-Free Pre-Workout

- > **N03-T™ to Improve Blood Flow to Exercising Muscles.**
- > **L-Tyrosine, Choline, and Vitamin B12 for Greater Mental Alertness and Enhanced Focus.**
- > **Taurine for Improved Cardiovascular Function.**
- > **No Artificial: Colors, Flavors, or Sweeteners.**

**Flavors:** Raspberry Lemonade, Orange Mango

### Supplement Facts

Serving Size: 1 Scoop (~8g), Servings Per Container: 30.  
Amount Per Serving: Calories 5, Total Carbohydrates 2g, Sugars 1g, Vitamin C (as Ascorbic Acid) 200mg, Vitamin B12 (as Methylcobalamin) 1000mcg, Calcium (as Calcium Silicate) 22mg, Taurine 2g, L-Tyrosine 1.5g, Citrulline Nitrate (N03-T™) 1g, Choline Bitartrate 500mg. Supplement facts may vary by flavor.

**Other Ingredients:** Organic Coconut Palm Sugar, Natural Flavor, Citric Acid, Stevia Extract, Silicon Dioxide, Beet Root Powder (Color).

**Recommended Use:** Mix one scoop with 8 oz. of water and drink 30 minutes before training. Do not exceed recommended amount.



**VANESSA TIB**  
Team Lean Body® for Her





**LABRADA**  
NUTRITION

## LEAN BODY® FOR HER CLA

### Supplement Facts

**Serving Size:** 1 Softgel Capsule, Servings Per Container: 90.

**Amount Per Serving:** Calories 10, Calories from Fat 10, Total Fat 1g, Conjugated Linoleic Acid (CLA) (from Safflower Oil) 800mg.

**Other Ingredients:** Gelatin, Water.



 **SUPERIOR  
SUPPLEMENTS**

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ADVANCED

## ISO LeanPro®

### 100% Premium Whey Protein Isolate

ISO LeanPro® 100% Whey Protein Isolate is made by a unique microfiltration process that involves NO heat or acid treatment like that used in ion-exchange whey protein production.

ISO LeanPro® is not a blend containing whey protein concentrate, peptides, or other proteins. You get only 100% pure whey protein isolate as the source of protein. It's perfect for athletes, bodybuilders, and fitness enthusiasts who demand the purest, highest quality protein available on the market.

- > Zero Carbs
- > Zero Lactose
- > Zero Sugar
- > Gluten-Free

**Flavors:** Vanilla, Chocolate, Strawberry

### Nutrition Facts

Serving Size: 1 Scoop (31g), Servings Per Container: 73. Amount Per Serving: Calories 110, Fat Calories 9, Total Fat 1g (2% DV), Saturated Fat 0g (0% DV), Trans Fat 0g, Cholesterol 0mg (0% DV), Sodium 150mg (6% DV), Potassium 150mg (5% DV), Total Carbohydrate 0g (0% DV), Fiber 0g (0% DV), Sugars 0g, Protein 25g (50% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet. Nutrition facts may vary by flavor.

**Ingredients:** LeanPro® Cross-Flow Micro Ultrafiltered Whey Protein Isolate, Natural & Artificial Flavors, Cellulose Gum, Salt, Acesulfame Potassium, Sucralose.

**Allergen Information:** Contains Milk, Soy.





## LeanPro® WHEY

### WHEY PROTEIN ISOLATE – PRIMARY SOURCE

Labrada LeanPro® Whey is a gluten-free, high quality, delicious whey protein isolate based protein supplement. Whey protein isolate is generally regarded as one of the finest muscle building proteins. The primary ingredient in LeanPro® is whey protein isolate (WPI90), and the second ingredient is premium, micro-filtered whey protein concentrate (WPC80).

Labrada LeanPro® Whey packs 24g of high quality protein per serving, providing 5.5 grams of naturally occurring branched chain amino acids (BCAAs), which are critical components of muscular recovery and growth. LeanPro® also provides 4 grams of Glutamine and Glutamic Acid, which are two amino acids responsible for supporting muscular recovery and boosting immune system function.

- **50 Servings**
- **24g Protein**
- **1g Sugar**
- **Gluten Free**

**FLAVORS:** Vanilla, Chocolate

#### NUTRITION FACTS

Serving Size: 1 Scoop (~30g), Servings Per Container: 50. Amount Per Serving: Calories 120, Fat Calories 10, Total Fat 1g, Saturated Fat 0g, Trans Fat 0g, Cholesterol 25mg, Sodium 100mg, Potassium 150mg, Total Carbohydrate 3g, Fiber 0g, Sugars 1g, Protein 24g. Nutrition facts may vary by flavor.

**Ingredients:** LeanPro® Cross-Flow Micro Ultrafiltered Whey Protein Isolate, Whey Protein Concentrate, Natural & Artificial Flavors, Acesulfame Potassium, Sucralose.



## 100% Whey PROTEIN

Labrada 100% Whey Protein is an excellent source of all the essential amino acids and is extremely rich in the branched chain amino acids (BCAAs), leucine, isoleucine, and valine. Branched chain amino acids make up one-third of muscle protein and are important to athletes because training increases the body's demand for them. An adequate supply of BCAAs in the blood is insurance against loss of muscle size and strength. Labrada 100% Whey Protein is also high in glutamine, which accounts for approximately 60% of all free amino acids in the body.

Labrada 100% Whey Protein is perfect for athletes, bodybuilders, and fitness enthusiasts who demand the purest, highest quality protein available on the market.

- **24g Protein**
- **1g Sugar**
- **Gluten Free**

**FLAVORS:** Vanilla, Chocolate, Strawberry

#### NUTRITION FACTS

Serving Size: 1 Scoop (~38g), Servings Per Container: 50. Amount Per Serving: Calories 140, Calories from Fat 19, Total Fat 3g, Saturated Fat 2g, Trans Fat 0g, Cholesterol 11mg, Sodium 140mg, Potassium 140mg, Total Carbohydrate 5g, Dietary Fiber 0g, Sugars 1g, Protein 24g. Nutrition facts may vary by flavor.

**Ingredients:** Cross Flow Micro Ultrafiltered Whey Protein Concentrate, Natural & Artificial Flavors, Cellulose Gum, Salt, Acesulfame Potassium, Sucralose.





# LeanPro® 100% WHEY



**LeanPro® 100% Whey Protein** is an excellent source of all the essential amino acids and is extremely rich in the branched chain amino acids (BCAAs), leucine, isoleucine, and valine.

Branched chain amino acids make up one-third of muscle protein and are important to athletes because training increases the body's demand for them. An adequate supply of BCAAs in the blood is insurance against loss of muscle size and strength.

**LeanPro® 100% Whey Protein** is also high in glutamine, which accounts for approximately 60% of all free amino acids in the body.

**LeanPro® 100% Whey Protein** is made by a unique microfiltration process that involves NO heat or acid treatment like that which is used in ion-exchange whey protein production.

**LeanPro® 100% Whey Protein** is gluten-free, perfect for individuals who must avoid gluten because they suffer from gluten sensitivities.

**LeanPro® 100% Whey Protein** is perfect for athletes, bodybuilders, and fitness enthusiasts who demand the purest, highest quality protein available on the market.

COMES IN 3  
DELICIOUS FLAVORS:  
**CHOCOLATE**  
**VANILLA &**  
**STRAWBERRY**

## Nutrition Facts

|                         |                |               |
|-------------------------|----------------|---------------|
| Serving Size:           | 1 Scoop (~39g) |               |
| Servings Per Container: | 58             |               |
|                         |                |               |
| Amount Per Serving      |                |               |
| Calories                | 150            |               |
| Calories from Fat       | 20             |               |
|                         |                |               |
| %Daily Value*           |                |               |
| Total Fat               | 3g             | 4%            |
| Saturated Fat           | 2g             | 7%            |
| Trans Fat               | 0g             |               |
| Cholesterol             | 11mg           | 4%            |
| Sodium                  | 150mg          | 6%            |
| Potassium               | 150mg          | 5%            |
| Total Carbohydrate      | 5g             | 2%            |
| Dietary Fiber           | 0g             | 0%            |
| Sugars                  | 1g             |               |
| Protein                 | 25g            | 50%           |
|                         |                |               |
| Vitamin A <2%           | •              | Vitamin C <2% |
| Calcium 32%             | •              | Iron 0%       |

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**Ingredients:** Whey Protein Concentrate, Natural & Artificial flavors, Cellulose Gum, Salt, Acesulfame Potassium, Sucralose.

**Allergen Information:**  
Contains Milk, Soy (Lecithin)

## Lean Pro8®

### SUPER PREMIUM PROTEIN POWDER

Lean Pro8®'s nitrogen-promoting amino acids provide nutritional support to prevent muscle breakdown throughout the day and even during the night when taken before bed.

- **8 Fast, Medium & Slow-Release Proteins**
- **8 Grams EFA Plex™**
- **8 Grams Fiber Plex™ Dietary Fiber**

**FLAVORS:** Vanilla Ice Cream, Chocolate Ice Cream, Strawberry Ice Cream, Cookies & Cream

### NUTRITION FACTS

Serving Size: 1 Scoop (50g), Servings Per Container: 26 (bottle) / 90 (gusset bag). Amount Per Serving: Calories 225, Fat Calories 72, Total Fat 8g, Saturated Fat 3.5g, Trans Fat 0g, Cholesterol 70mg, Sodium 170mg, Potassium 110mg, Total Carbohydrate 13g, Fiber 4g, Sugars 3g, Protein 25g. Nutrition facts may vary by flavor.

**Ingredients:** LeanPro® Muscle Building Protein Blend (Yielding Fast Acting Micro Ultra Filtered Whey Protein Concentrate, Cross Flow Micro Ultra Filtered Whey Protein Isolate, Hydrolyzed Whey Protein Isolate, Medium Acting Agglomerated Egg Albumin, Slow Acting Micellar Casein, Calcium Caseinate, Milk Protein Isolate, Milk Protein Concentrate, Glutamine Peptides), EFA Plex™ High Energy Essential Fats (Sunflower Oil, Non-Dairy Creamer [High Oleic Sunflower Oil, Fructose, Sucrose, Di-Potassium Phosphate, Tri-Calcium Phosphate, Soy Lecithin, Tocopherols], MCT Oil, Flaxseed Oil, Borage Oil), Natural & Artificial Flavorings, MCT Powder (Medium Chain Triglycerides, Non-Fat Dry Milk, Disodium Phosphate, Silicon Dioxide), Fiber Plex™ High Fiber Complex (Polydextrose, Fibersol 2 Fiber, Inulin, Cellulose Gum, Xanthan Gum), Salt, Sucralose, Acesulfame Potassium.





# Muscle Mass Gainer

## MUSCLE BUILDER MILK SHAKE WITH CREATINE

Muscle Mass Gainer was created by Labrada as an all-in-one dietary supplement for “hard gainers,” those who find it near impossible to gain weight. Muscle Mass Gainer makes it easy for you to get lots of calories and the highest quality muscle building protein for gaining weight fast.

- **Put on Weight Fast**
- **1930 Calories & 84g Protein** when Mixed in 32oz of Whole Milk

**FLAVORS:** Vanilla, Chocolate, Strawberry

### NUTRITION FACTS

Serving Size: 9 Scoops (341g), Servings Per Container: 16. Amount Per Serving: Calories 1290, Fat Calories 30, Total Fat 3g, Saturated Fat 2g, Trans Fat 0g, Cholesterol 70mg, Sodium 330mg, Potassium 300mg, Total Carbohydrate 264g, Fiber 4g, Sugars 23g, Protein 52g. Nutrition facts may vary by flavor.

**Ingredients:** Maltodextrin, **LeanPro®** Muscle Mass Protein Blend [Cross Flow Ultra-Micro Filtered Whey Protein Concentrate, Milk Protein Isolate (Yielding Fast Acting Whey Protein Peptides, Branched Chain Amino Acids, L-Glutamine Peptides, and Slow Acting Casein Peptides, Calcium Caseinate), Egg Albumin, Whey Protein Isolate], Fructose, Fibersol-2 (fiber), Natural & Artificial Flavors, Vitamin & Mineral Blend (Di-Calcium Phosphate, Magnesium Oxide, Ascorbic Acid, Vitamin E Acetate, Niacinamide, Electrolytic Iron, Zinc Oxide, D-Calcium Pantothenate, Pyridoxine Hydrochloride, Copper Gluconate, Riboflavin, Vitamin A Acetate, Thiamin Mononitrate, Folic Acid, Potassium Iodide, Cyanocobalamin), Creatine Monohydrate, L-Glutamine, Cellulose, Ace-K, Sucralose.



Available in 12 lb and 6 lb Bags

# BCAA POWER™

## 100% BRANCHED CHAIN AMINO ACIDS



Labrada® Nutrition’s BCAA Power™ contains 100% Branched Chain Amino Acids (BCAAs). The BCAAs, Leucine, Isoleucine, and Valine, are used by your body to build muscle proteins.

### Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 200

|              | Amount Per Serving | % DV** |
|--------------|--------------------|--------|
| L-Leucine    | 500 mg             | †      |
| L-Isoleucine | 250 mg             | †      |
| L-Valine     | 250 mg             | †      |

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Values not established.

**Other Ingredients:** Gelatin (Capsule Shell), Magnesium Stearate, Silica.

**Suggested Use:** Consume two capsules between meals, 30–45 minutes before workouts, and/or immediately after workouts. Store in a cool dry place. Protect from heat, light, and moisture. Always consult your doctor before using any dietary supplement.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





# BCAA POWER

FERMENTED BCAA FORMULA

## Not All BCAAs are CREATED Equal.

Labrada proudly uses fermented BCAAs and L-glutamine in BCAA power™, to ensure you are getting the highest quality and value for your dollar, while protecting you from contaminants found in lower quality amino acids.

Third Party Lab Testing – For over 20 years, Labrada products have been lab tested by independent labs to ensure that they meet label claim, and are backed by Lee Labrada's personal guarantee.

- > 7g – 2:1:1 Pharmaceutical-grade Fermented BCAA
- > 3g – Pharmaceutical-grade Fermented Glutamine
- > 1g – Coconut Water Extract Electrolyte Replacement

**Flavors:** Orange Mango, Pina Colada, StrawKiwi

*"If it's on the label, it's in the bottle!"®*

| Supplement Facts  |          |                            |  |
|---|----------|----------------------------|--|
| Serving Size: 1 scoop (~13g)  |          | Servings Per Container: 30 |  |
| Amount Per Serving  |          | % DV**                     |  |
| Calories  | 10       |                            |  |
| Total Carbohydrate  | 2 g      | 1%                         |  |
| Sugars  | 1 g      | †                          |  |
| Vitamin A (as beta carotene)  | 340 I.U. | 7%                         |  |
| Fermented Branched Chain Amino Acid Complex 2:1:1   | 7 g      |                            |  |
| Fermented Leucine   | 3.5 g    | †                          |  |
| Fermented Isoleucine  | 1.75 g   | †                          |  |
| Fermented Valine  | 1.75 g   | †                          |  |
| Amount Per Serving  |          | % DV**                     |  |
| Fermented L-Glutamine   | 3 g      | †                          |  |
| Coconut Water Electrolyte Complex   | 1 g      |                            |  |
| Calcium   | 30 mg    | 3%                         |  |
| Magnesium   | 2 mg     | 1%                         |  |
| Phosphorus  | 20 mg    | 2%                         |  |
| Sodium  | 20 mg    | 1%                         |  |
| Potassium   | 40 mg    | 1%                         |  |
| **Percent Daily Values are based on a 2,000 calorie diet.   |          |                            |  |
| † Daily Values not established.   |          |                            |  |
| <b>Other Ingredients:</b> Coconut Water, Malic Acid, Natural & Artificial Flavors, Coconut Oil Creamer, Tricalcium Phosphate, Sucralose, Gum Acacia, Beta Carotene (Color), Acesulfame Potassium.   |          |                            |  |
| <b>Allergen Information:</b> Contains Soy (Lecithin), Tree Nuts   |          |                            |  |
| <b>Directions:</b> Mix 1 scoop in 8 oz of cold water or your favorite beverage, before or after training. On non-training days, take 1 scoop mixed in 8 oz of water or your favorite beverage, any time of day. Store in a cool, dry place. |          |                            |  |

**SUPERIOR  
SUPPLEMENTS**

22 Grimes Court, Derrimut Vic 3030

GAMETIME



## Power Carb™

### Gametime Performance Fuel

Power Carb™ is a functional carbohydrate “superfood” engineered to rapidly replenish muscle glycogen, increase nutrient uptake, and enhance muscular function. With Power Carb™, you will never suffer through a bad workout or flat athletic performance again! That's because it's been carefully engineered by Labrada Nutrition researchers to significantly increase glycogen stores inside your muscles – much faster than pasta, rice, or other carbohydrates.

- > Replenish Muscle Energy Stores much faster than pasta or rice!
- > Performance Enhancer – Increase Workout Endurance
- > Fortified with Electrolytes

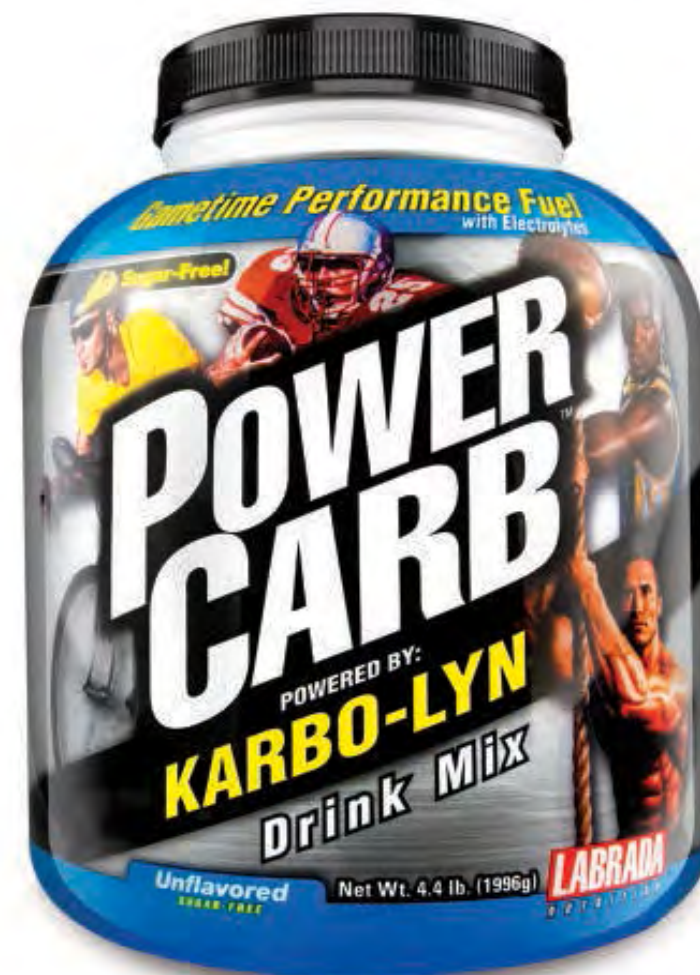
**Flavors:** Fruit Punch, Lemon-Lime, Unflavored

### Nutrition Facts

Serving Size: 1 Scoop (27g), Servings Per Container: 74 [4.4 lb Bottle]. Amount Per Serving: Calories 100, Fat Calories 0, Total Fat 0g (0% DV), Saturated Fat 0g (0% DV), Trans Fat 0g, Cholesterol 0mg (0% DV), Sodium 44.4mg (1.8% DV), Potassium 60mg (27.2% DV), Total Carbohydrate 25g (8.2% DV), Fiber 0g (0% DV), Sugars 0g, Protein 0g (0% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet. Nutrition facts may vary by flavor.

**Ingredients:** Power Carb™ (Karbo-Lyn® homopolysaccharide derived from potato, rice, corn), Gametime Electrolyte Blend (Sodium Chloride, Potassium Phosphate, Magnesium Succinate, Calcium Gluconate), Silicon Dioxide. Karbo-Lyn® is a registered trademark of All American Pharmaceutical.

Also available in 2.2 lb. bottle. Nutrition facts vary slightly.





# Complete Aminos

## 100% AMINO ACIDS

Amino acids are essential to support lean muscle growth and overall health. Complete Aminos tablets provide a full spectrum of 18 essential, conditionally-essential, and non-essential amino acids.

### ■ Full Spectrum Amino Formula

#### SUPPLEMENT FACTS

Serving Size: 2 Tablets. Servings Per Container: 160. Amount Per Serving: Calories 15, Cholesterol <5mg, Protein 2g, Calcium 70mg, Sodium 25mg, Potassium 10mg.

**Ingredients:** Protein Complex (Milk Protein Concentrate, Pea Protein Isolate, Hydrolyzed Whey Protein, Milk Protein Isolate, Whey Protein Isolate, Whey Protein Concentrate, Calcium Caseinate), Stearic Acid, Croscarmellose Sodium, Calcium Carbonate, Coating (Hypromellose, Macrogol, Hydroxypropyl Cellulose), Citric Acid, Magnesium Stearate, Silica, Amino Acid Blend [Branched Chain Amino Acids (L-Leucine, L-Isoleucine, L-Valine), L-Arginine HCl, L-Glutamine], Microcrystalline Cellulose, Maltodextrin and Potassium Sorbate. Allergen Information: Contains Milk and Soy.

**Recommended Use:** As a dietary supplement, consume 2 tablets between meals, and/or after training. Always consult your doctor before using any dietary supplement.



# Amino Thrust™

## ESSENTIAL AMINO ACID FORMULA

- Muscle Recovery
- Increases Energy
- Increases Endurance

**FLAVORS:** Orange Mango, Fruit Punch, Piña Colada, Green Apple

#### SUPPLEMENT FACTS

Serving Size: 1 scoop (~8g) Servings Per Container: 30. Amount Per Serving: Calories 10, Total Fat 0g, Total Carbohydrate 2g, Sugars 1g, Vitamin A (as Beta Carotene) 813 I.U., Vitamin C (as Ascorbic Acid) 100mg, Calcium (as Calcium Silicate) 19mg, Sodium 15mg, Potassium 30mg, **Amino Thrust Amino Matrix:** Micronized L-Leucine 500mg, Micronized L-Isoleucine 250mg, Micronized L-Valine 250mg, Micronized Taurine 500mg, Micronized L-Glutamine 500mg, Micronized L-Arginine Hydrochloride 500mg, Beta-Alanine (CarnoSyn®) 500mg, Micronized L-Tyrosine 250mg, Micronized L-Histidine 250mg, Micronized L-Lysine 250mg, Micronized L-Phenylalanine 250mg, Micronized L-Threonine 250mg, Micronized L-Methionine 250mg, **Amino Thrust Energy Matrix:** Caffeine (from Green Tea) 100mg [Green Tea Extract (Camellia sinensis) (leaf) 20mg, Green Coffee Extract (bean) 20mg]. Nutrition facts may vary by flavor.

**Other Ingredients:** Coconut Water Concentrate, Natural & Artificial Flavors, Malic Acid, Coconut Oil Creamer, Sucralose, Silicon Dioxide, Beet Root Powder, Acesulfame Potassium.

**Recommended Use:** For Pre-Workout: Take 1–2 scoops in 10 oz of cold water, 30 minutes before training. Amino Thrust can also be used in the morning, as a substitute for coffee, or as an afternoon energy booster\*, or post-workout amino acid supplement. DO NOT EXCEED 4 scoops per day.





# Elasti-Joint®

## JOINT SUPPORT FORMULA

Anyone who puts their body through grueling workouts, sports, or other activities knows what it's like to experience joint stress and stiffness. Relief comes with ElastiJoint® Joint Support Formula – a scientifically-formulated product designed for active people who want to strengthen and maintain healthy joints.

ElastiJoint® is just as effective for those who are simply feeling the effects of natural aging, or who want to maintain flexibility.

- **Naturally Supports Healthy Joints & Connective Tissue**
- **All in One Daily Scoop** – Clinical Amounts of MSM, Glucosamine, Chondroitin, Gelatin

**FLAVORS:** Fruit Punch, Grape, Orange

### SUPPLEMENT FACTS

Serving Size: 1 Scoop (12.5g), Servings Per Container: 28. Amount Per Serving: Calories 20, Total Carbohydrates 5g, Sugars 1g, Sodium 125mg, Protein 4g, Vitamin C (as Ascorbic Acid) 990mg. Hydrolyzed gelatin (from collagen) 5000mg, Methylsulfonylmethane 2000mg, Glucosamine sulfate (from shellfish) 1500mg, Chondroitin sulfate 1200mg.

**Other Ingredients:** Citric Acid, Maltodextrin, Natural & Artificial Flavors, Sucralose, Acesulfame Potassium, Beet Root. Nutrition facts may vary by flavor.

**Recommended Use:** Stir 1 scoop of ElastiJoint® support formula into 1 cup (8 fl oz) of room temperature water. Stir or blend until smooth and drink. Do not exceed 2 scoops per day.

**Contains:** Shell Fish.



# L-CARNITINE

## FAST-ACTING

### LIQUID AMINO ACID



Labrada® Nutrition's L-Carnitine Fast-Acting Liquid Amino Acid contains NO: yeast, wheat, milk or milk derivatives, lactose, sugar, soy, or artificial color.

- Promotes muscular energy
- Supports exercise recovery
- Plays an essential role in making fatty acids available for muscle tissue

### Supplement Facts

Serving Size: 15 mL (1 TBS)

Servings Per Container: 31

|             | Amount Per Serving | % DV** |
|-------------|--------------------|--------|
| L-Carnitine | 1500 mg            | †      |
| B5          | 10 mg              | †      |

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Values not established.

**Other Ingredients:** Purified Water, Citric Acid, Natural & Artificial Flavors, Sucralose, Malic Acid, Potassium Benzoate, Potassium Sorbate, Acesulfame Potassium.

**Suggested Use:** Take one (1) tablespoon (15 mL) 30–60 minutes before exercise with your pre-workout meal and/or your post-workout meal. Do not take on a empty stomach.

**LABRADA**®

[www.labrada.com](http://www.labrada.com)

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MADISON lee





## A2 PUMP®

100% ARGININE ETHYL ESTER HYDROCHLORIDE

### SUPPLEMENT FACTS

Serving Size: 3 Capsule, Servings Per Container: 40.

Amount Per Serving: Arginine Ethyl Ester Hydrochloride 1590mg (DV). Percent Daily Valuse (DV) are based on 2,000 calorie diet. Daily Value not established.

**Other Ingredients:** Hypromellose (vegetable capsule), Providone (polyvinylpyrrolidone), Silica Magnesium Stearate, Titanium Dioxide

**Recommended Use:** Take 3 capsules twice daily. On training days, take one serving (3 capsules) with 12 ounces of water 15 minutes prior to training and one serving (3 capsules) within 30 minutes after traingin. On non-training days, take one serving (3 capsules) in the A.M. and another serving in the P.M.

## BA ENDURANCE™

100% PURE BETA-ALANINE

BA-Endurance is 100% pure pharmaceutical grade CarnoSyn® brand beta-alanine. BA-Endurance combines with histidine (another amino acid) in the muscle tissue to increase muscle carnosine stores. Carnosine delays muscle fatigue through its buffering action on acid build-up in muscles. This increases your endurance and ability to work out longer.

### SUPPLEMENT FACTS

Serving Size: 2 Capsules, Servings Per Container: 60. Amount Per Serving: Beta-Alanine (as CarnoSyn®) 1600mg.

**Other Ingredients:** Gelatin, Magnesium Stearate.

**Recommended Use:** Take 2 capsules with an 8 oz. glass of water 3 times daily. On workout days, take 2 capsules approximately 30 minutes before you workout. For best results, we recommend using this product in combination with Super Charge!® Pre-Workout drink mix.

**CarnoSyn®**  
Carnosine Synthesizer



## C2 STRENGTH

100% PURE CREATINE ETHYL ESTER HCl

### SUPPLEMENT FACTS

Serving Size: 3 Capsule, Servings Per Container: 40.

Amount Per Serving: Creatine Ethyl Ester Hydrochloride 1500mg (DV). Percent Daily Valuse (DV) are based on 2,000 calorie diet. Daily Value not established.

**Other Ingredients:** Hypromellose (vegetable capsule), Pregelatinized Corn Starch, Microcrystalline Cellulose, Silica, Magnesium Stearate, Titanium Dioxide

**Recommended Use:** Take 3 capsules twice daily. On training days, take one serving (3 capsules) with water prior to training and another serving withing 30 minutes after training. On non-training days, take one serving (3 capsules) in the A.M. and another serving in the P.M. C2 Stregth can be taken on an empty stomach or with a meal. Drink 8-10 glasses of water per day for best results.





# LEAN BODY<sup>®</sup>

## HI-ENERGY FAT BURNER



Labrada<sup>®</sup> Nutrition's Lean Body<sup>®</sup> Hi-Energy Fat Burner combines PhosphoLean<sup>®</sup>, the clinically proven appetite suppression compound, with powerful, high-energy thermogenic ingredients to help you shed unwanted fat.

Lean Body<sup>®</sup> Hi-Energy Fat Burner helps to reduce your appetite, makes you feel more energetic, and improves your mood, to help you succeed on your diet!

### Supplement Facts

Serving Size: 1 scoop (3g)  
Servings Per Container: 30

|   | Amount Per Serving | %DV* |
|---|--------------------|------|
| Pantothenic Acid (Vitamin B5)   | 50mg               | 833% |
| Lean Body <sup>®</sup> Thermoblend<br>L-Tyrosine, L-Carnitine, Naringin   | 340mg              | †    |
| Caffeine (anhydrous)  | 200mg              | †    |
| Raspberry Ketones   | 100mg              | †    |
| Advantra Z <sup>®</sup> (Citrus aurantium extract 30%)  | 67mg               | †    |
| L-Theanine  | 20mg               | †    |
| Natural Astaxanthin Extract<br>(standardized to contain min 2% astaxanthin [240mcg])  | 12mg               | †    |
| PhosphoLean <sup>®</sup> N-oleoyl-phosphatidyl-ethanolamine<br>(standardized to contain min 23% NOPE [23mg])<br>(standardized to contain min 14% EGCG [14mg]) | 100mg              | †    |
| Pikatriptan <sup>™</sup> (Picamilon)  | 20mg               | †    |

\* Percent Daily Values based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Citric Acid, Natural & Artificial Flavors, Sucralose, Malic Acid, Calcium Carbonate, Silicon Dioxide, Acesulfame Potassium, Beet Powder (Color).

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Directions:** Mix 1 scoop with 10 oz. of water. Take daily, preferably before a meal or as recommended by a physician. **DO NOT EXCEED 1 SCOOP PER 24 HOURS.**

 **ADVANTRA Z<sup>®</sup>** Advantra Z<sup>®</sup> is a registered trademark of Nutratech, Inc./ Zhishin, LLC licensor of U.S., Canadian and E.U. Patents.

**LABRADA**  
NUTRITION  
The Most Trusted Name in Sports Nutrition!

## Kre-Alkalyn<sup>®</sup>

### CREATINE CONCENTRATE – ALKALINE FORMULA

Kre-Alkalyn<sup>®</sup> is a buffered form of creatine that has been chemically designed to have an alkaline pH.

### SUPPLEMENT FACTS

Serving Size: 2 Capsules, Servings Per Container: 120 or 240. Amount Per Serving: Kre-Alkalyn<sup>®</sup> (buffered creatine monohydrate) 1500mg.

Kre-Alkalyn<sup>®</sup> is a registered trademark of All American Pharmaceutical<sup>®</sup> and Natural Foods Corp. Kre-Alkalyn<sup>®</sup> is a US-patented product registered to All American Pharmaceutical (US patent #6,399,661). International and additional US patents pending. All rights reserved.

**Other Ingredients:** Maltodextrin, Magnesium Stearate.

**Recommended Use:** As a dietary supplement, take 2 capsules with 12 ounces of water. For best results, consume at least 64 ounces of water throughout the day.



RODRIGO CAVACA  
World Heavyweight  
Jiu Jitsu Champion



# CreaLean™ STRENGTH

100% CREATINE MONOHYDRATE



Contains only pure pharmaceutical grade creatine monohydrate. Research shows that oral administration of creatine, increases muscle stores of creatine by as much as 50%, resulting in lean body mass gains.

Creatine supplementation may also increase muscle torque production, reduce plasma ammonia, and aid muscle fiber in maintaining a higher phosphocreatine level, resulting in the ability to sustain higher workout intensity levels for longer periods of time.

- **100 Servings per Container**
- **Lean Body Mass & Strength Gains**
- **Sustain Longer Workouts**

## SUPPLEMENT FACTS

Serving Size: 1 Scoop (5g), Servings Per Container: 100.  
Amount Per Serving: Creatine Monohydrate 5000mg.

**Recommended Use:** Take one scoop (approximately 5g) mixed with water or juice one to two times daily. Do not exceed recommended dose. Drink plenty of water every day when supplementing creatine. Store in a cool dry place. Protect from heat, light, and moisture.



# GLUTALEAN™ RECOVERY

100% PURE L-GLUTAMINE



Vigorous workouts, high levels of stress, and poor nutrition can deplete our bodies' natural stores of Glutamine, a vitally important element in muscle growth. This can lead to your body tearing down muscle tissue to supply the rest of your system with Glutamine, reversing the effects of your training!

One way to avoid this is to supplement with just a few scoops (approximately 500 grams) of Glutamine per day. You can do this with GlutaLean™, a trusted Labrada product that contains only pure, pharmaceutical-grade L-glutamine. Think of GlutaLean™ as your safety net against muscle breakdown. It provides your system with the high-grade Glutamine it needs to spare precious muscle, increase protein synthesis, boost muscle glycogen storage (energy stores), and support healthy immune function. With all the work you do to build strong, hard muscle,

- **Speed up muscle recovery**
- **Prevents muscle breakdown**
- **Supports healthy immune function**
- **Promotes protein synthesis**

## SUPPLEMENT FACTS

**Serving Size:** 1 Scoop (5g), Servings Per Container: 100.  
**Amount Per Serving:** L-Leucine 2,500mg.  
L-Valine 1,250mg  
L-Isoleucine 1,250mg





# Charge!® SuperShot

## HEALTHY ENERGY SHOT

Charge!® SuperShot doesn't load you up with a lot of sugar, the way other energy drinks do. Its sugar-free formula charges you with healthy energy, consisting of energy-releasing B-vitamins plus natural fruit-based antioxidants to support your body's natural defenses against cell-damaging oxidative stress. Charge!® SuperShot contains just the right amount of caffeine to leave you refreshed and ready to take on the world.

- **Over 2435mg of Natural Anti-Oxidants**
- **Zero Sugar, Zero Carbs & Zero Crash**
- **Fast Acting & Long Lasting**
- **Increases Mental Clarity**

### SUPPLEMENT FACTS

Serving Size: 1 Bottle. Amount Per Serving: Calories 0, Total Fat 0g, Sodium 0mg, Total Carbohydrates 0g, Sugars 0g, Protein 0g. Vitamin B1, Vitamin B2, Niacinamide, Vitamin B6, Folic Acid, Vitamin B12, Biotin, Pantothenic Acid. Not a significant source of calories from fat, sat fat, trans fat, cholesterol, dietary fiber, vitamin A, vitamin C, calcium, and iron.

**Ingredients:** Filtered Water, Antioxidant Blend – (Aloe Vera, Wolfberry Extract, Noni Extract, Pomegranate Extract, Wild Blueberry Extract, Grape and Grape Seed Extract Powder, Raspberry and Raspberry Seed Extract Powder, Cranberry Powder, Prune Powder, Tart Cherry Powder, Wild Bilberry Extract, Strawberry Powder), Caffeine (200mg), Sucralose, Natural Flavors, Naringin, Potassium Sorbate, Citric Acid.

**Recommended Use:** SHAKE WELL. For maximum energy, drink entire bottle.



SAMANTHA slaven



GREENS Full-Spectrum Superfood are the most convenient and nutritious way to get natural whole food nutrition from an assortment of NON-GMO super foods, vegetables, and fruits.

- Perfect for the whole family – from children to adults.
- Contains probiotics and enzymes to aid digestion and support immune health.
- Ideal for those on alkalizing diets, vegetarians, and athletes.
- Delicious – USDA Organic
- Contains antioxidant equivalent of 2 servings of vegetables (ORAC Equivalent)
- Rich in chlorophyll to help support detoxification
- Antioxidant complex for support against oxidative stress

# SUPER GREENS!

- **Natural Whole Food Nutrition**
- **Made with Plant Based Vitamins and Minerals**
- **Vegetarian Friendly**
- **30 Day Supply**

## Nutrition Facts

| Serving Size: 1 Scoop (7 g) |      |                |                      |
|-----------------------------|------|----------------|----------------------|
| Servings Per Container: 30  |      |                |                      |
| Amount Per Serving          |      | % Daily Value* |                      |
| <b>Calories</b>             |      | 25             |                      |
| Calories from Fat           |      | 5              |                      |
| <b>Total Fat</b>            | 0 g  | 0%             |                      |
| Saturated Fat               | 0 g  | 0%             |                      |
| Trans Fat                   | 0 g  | †              |                      |
| <b>Cholesterol</b>          | 0 g  | 0%             |                      |
| <b>Sodium</b>               | 5 mg | 0%             |                      |
| <b>Total Carbohydrate</b>   | 5 g  | 2%             |                      |
| Dietary Fiber               | 3 g  | 12%            |                      |
| Sugar                       | 1 g  | †              |                      |
| <b>Protein</b>              | 1 g  |                |                      |
| <b>Vitamin A</b>            | 30%  | •              | <b>Vitamin C</b> 50% |
| <b>Calcium</b>              | 2%   | •              | <b>Iron</b> 4%       |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Values not established.

**Ingredients:** Organic Oat Grass, Organic Gum Acacia, Organic Wheatgrass, Organic Barley Grass, Organic Flax Seed, Organic Flavors, Organic Apple Extract, Organic Acerola Cherry Extract, Organic Inulin, Organic Stevia Leaf Extract, *Bacillus coagulans* GBI-30 6086, Citric Acid, Organic Spinach, Organic Parsley, Organic Blueberry, Organic Apple, Organic Acai, Organic Green Tea Leaf Extract, Organic Chlorella, Organic Spirulina, Enzyme Blend (Protease, Amylase, Glucoamylase, Invertase, Diastase, Lipase), Probiotic Blend (*L. acidophilus*, *B. longum*, *L. casei*, *L. rhamnosus*).  
**Contains:** Wheat (Wheatgrass) and Soy.

**Suggested Use:** Stir 1 scoop in 8 oz of water. Use 1 or 2 times daily. Best kept refrigerated after opening.



# Garcinia Cambogia

## FAT LOSS AID

The active ingredient in Labrada Garcinia Cambogia is hydroxycitric acid (HCA.) HCA is a safe, natural supplement for fat loss and weight management. HCA also acts as an appetite suppressant and helps control cravings. And, while many HCA products are not well absorbed, Labrada Garcinia Cambogia contains Super CitriMax® (HCA-SX), which has superior bioavailability, especially when taken on an empty stomach.

- **Clinical Dose of Super CitriMax®** (60% HCA)

### SUPPLEMENT FACTS

Serving Size: 2 Capsules, Servings Per Container: 45. Amount Per Serving: Calcium (as hydroxycitrate) 125mg, Potassium (as hydroxycitrate) 187mg, Garcinia cambogia Extract\* 1560mg (standardized minimum 60% (-)-Hydroxycitric acid (HCA)) 936mg. **Other Ingredients:** Hypromellose (capsules). SuperCitriMax® is a registered trademark of InterHealth N.I.

**Recommended Use:** Take 2 capsules three times per day, 30–120 minutes before each meal.



# Ursolic Acid

## LEAN MUSCLE OPTIMIZER

Ursolic Acid is a naturally-occurring ingredient found in foods such as apple peels and rosemary. Ursolic Acid provides healthful benefits for dieters and athletes.

- **Supports Fat Loss**
- **Supports Lean Muscle Tissue During Dieting**
- **Supports Cardiovascular Health**

### SUPPLEMENT FACTS

Serving Size: 4 Capsules, Servings Per Container: 30. Amount Per Serving: Ursolic Acid (from Rosemary Leaf Extract) 200mg.

**Other Ingredients:** Maltodextrin, Gelatin, Silica, Magnesium Stearate, Sodium Copper Chlorophyllin.

**Recommended Use:** Take 4 capsules with breakfast, and 4 capsules with dinner.



# Green Coffee Bean Extract

## FAT LOSS OPTIMIZER

Green Coffee Bean Extract is a natural powder extract from unroasted coffee beans. Green Coffee Bean Extract is rich in natural compounds, such as chlorogenic acids.

- **Stimulant-Free**
- **Contains Svetol®** (45% Chlorogenic Acids)

### SUPPLEMENT FACTS

1 Capsule, Servings Per Container: 90. Amount Per Serving: Green Coffee Bean Extract (Svetol®\* standardized to 45–50% total Chlorogenic Acids) 400mg.

\*Svetol® is a trademark by Naturex

**Other Ingredients:** Gelatin (capsule).

**Recommended Use:** Take one 400mg capsule, three times per day, 30 minutes before each meal.



# Raspberry Ketones

## COLLAGEN WITH UNDENATURED TYPE II COLLAGEN

Raspberry Ketones are the natural compounds found in raspberries, responsible for their distinct aroma.

### SUPPLEMENT FACTS

Serving Size: 1 Capsule, Servings Per Container: 60.

Amount Per Serving: Raspberry Ketones 100mg (DV) Percent Daily Values (DV) are based on a 2,000 calorie diet. Daily Value not established.

**Other Ingredients:** Gelatin (capsule), Maltodextrin, Magnesium Stearate, Silica, Titanium Dioxide, Capsule (Fd&C Red #40, FD&C Blue #1).

**Recommended Use:** Take 2 capsules per day, 1capsule in the morning with a meal and 1 capsule mid-afternoon with a meal or as recommended by your health care professional.



# HICA-MAX™

## MUSCLE GROWTH SUPPORT – CHEWABLES

HICA-MAX™ is a powerful, non-hormonal, natural stimulator of muscle growth. HICA-MAX™ chewables contain leucic acid, also known as alpha-hydroxy-isocaproic acid (HICA) – a natural metabolite of the branched chain amino acid, leucine.

- **Supports Gains** in Muscle and Strength
- **Accelerates Recovery** from Workouts
- **Reduces DOMS**  
(Delayed Onset Muscle Soreness)
- **No Steroids or Prohormones**

**FLAVOR:** Assorted: Lime, Fruit, Watermelon, and Orange Chewables

### SUPPLEMENT FACTS

Serving Size: 1 Chewable Tablet, Servings Per Container: 90. Amount Per Serving: Calories 4, Total Carbohydrate 2g, Sugar Alcohol (as xylitol) 2g, HICA (Leucic Acid) 500mg.

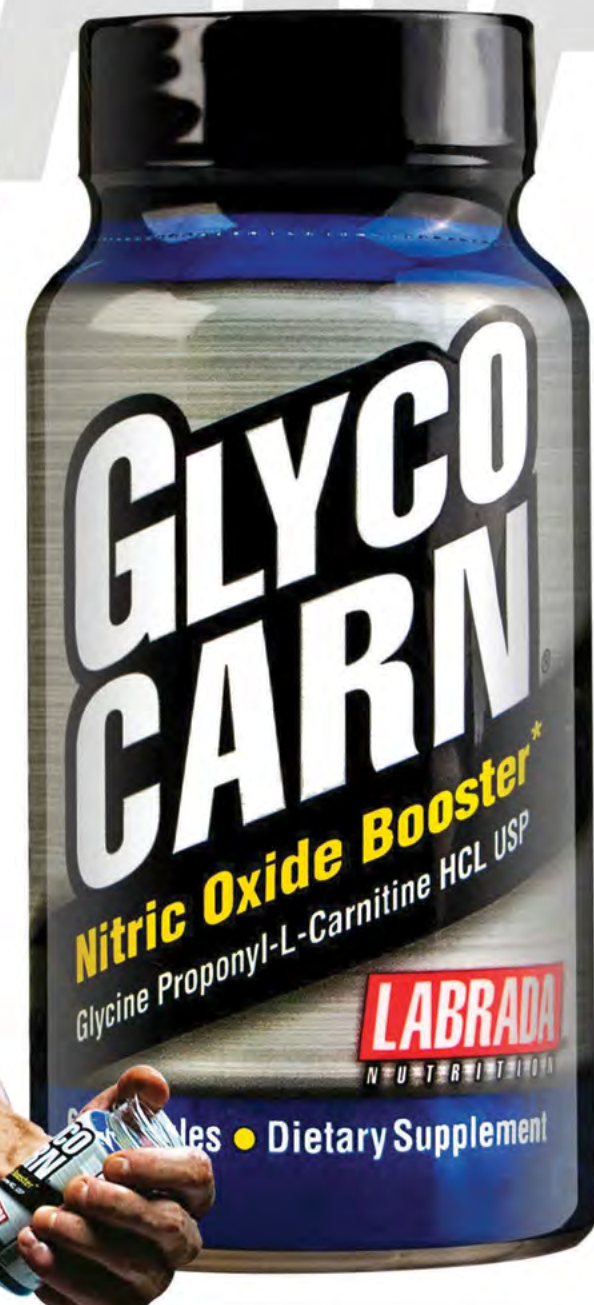
**Other Ingredients:** Xylitol, Natural & Artificial Flavor, Magnesium Stearate, Malic Acid, Stearic Acid, Silica, Citric Acid, Sucralose, FD&C Red #40 Lake, FD&C Yellow #5 Lake, FD&C Blue #2 Lake.

**Recommended Use:** Take chewable tablets according to bodyweight. Up to 150 lbs – 3 tablets per day; 151–200 lbs – 4 tablets per day; Over 200 lbs – 5 tablets per day.

There is no need to cycle off HICA-MAX™.



## GlycoCarn® Nitric Oxide Booster



**Superior Supplements**  
(03) 9397 1082

48 Albemarle Street, Williamstown Vic 3016 Australia  
[www.superiorsupplements.com.au](http://www.superiorsupplements.com.au)

**LABRADA**  
NUTRITION  
The Most Trusted Name in Sports Nutrition!



# SUPER CHARGE! PRE-WORKOUT

## What makes NEW Super Charge! The BEST pre-workout supplement on the market?

Effective Amounts of 10 Performance Enhancers in One Serving includes

- > 5g BCAAs, 5g Creatine, 2g Beta-Alanine,
- > 2g Taurine, 1 g NO3-T™ Citrulline Nitrate, plus much more.

Truth in Labeling – All ingredients are clearly listed with their corresponding amount – no proprietary blends.

Third Party Lab Testing – For over 20 years, Labrada products have been lab tested by independent labs to ensure that they meet label claim, and are backed by Lee Labrada's personal guarantee.



## 10 PERFORMANCE ENHANCERS IN ONE DAILY SCOOP!

1. NO3T™ Citrulline Nitrate 1 gram – Increases nitric oxide by two different pathways, to promote blood flow to muscles.
2. Creapure® Creatine Monohydrate 5 grams – Increases muscular strength and growth.
3. BCAA's (2:1:1 Lucine, Valine, Isolucine) 5 grams – helps prevent break down of muscle tissue, and increases performance and recovery.
4. CarnoSyn® Beta Alanine 2 grams – Increases muscular endurance and strength.
5. Taurine 2 grams – improves aerobic and anaerobic performance; increases force production.
6. HydroMax® Glycerol 2 grams – Increases muscle cell hydration, endurance and pumps.
7. L-Tyrosine 1500mg – Amino that increases mental energy, focus, and alertness.
8. Caffeine 300mg – Stimulant that increases mental energy and focus.
9. Advantra Z® 40mg – increases metabolic rate and energy expenditure.
10. Huperzine A 1000mcg – Supports the neurotransmitters used in muscle contractions, increasing force production.



## Supplement Facts

Serving Size: 1 scoop (27g)  
Servings Per Container: 25

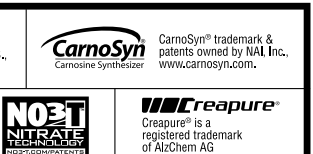
|   | Amount Per Serving | % DV    |
|---|--------------------|---------|
| Calories  | 10                 |         |
| Total Carbohydrate                                | 3g                 | 1%      |
| Sugars  | 0g                 | †       |
| Super Charge® Performance Blend                   |                    |         |
| <b>Muscle Pump Complex™</b>                       |                    |         |
| Citrulline Nitrate (NO3-T™)                       | 1000 mg            | †       |
| HydroMax™ Glycerol                                | 2000 mg            | †       |
| Taurine   | 2000 mg            | †       |
| <b>Strength, Endurance, and Recovery Complex™</b> |                    |         |
| Creatine Monohydrate (Creapure®)                  | 5000 mg            | †       |
| Beta Alanine (CarnoSyn®)                          | 2000 mg            | †       |
| BCAA 2:1:1  | 5000 mg            | †       |
| <b>Energy and Mental Focus Complex™</b>           |                    |         |
| L-Tyrosine  | 1500 mg            | †       |
| Caffeine  | 300 mg             | †       |
| Advantra Z® 50%<br>(Citrus aurantium extract)     | 40 mg              | †       |
| Huperzine A 1%                                    | 1000 mcg           | †       |
| Vitamin B12                                       | 1000 mcg           | 16,666% |
| Vitamin B6  | 50 mg              | 2,500%  |
| Vitamin C (Ascorbic Acid)                         | 200 mg             | 333%    |
| <b>Electrolyte Complex</b>                        |                    |         |
| Sodium (Sodium Chloride 100mg)                    | 37 mg              | 2%      |
| Potassium (Potassium Phosphate 100mg)             | 44 mg              | 1%      |
| Magnesium (Magnesium Succinate 100mg)             | 17 mg              | 4%      |
| Calcium (Calcium Gluconate 100mg)                 | 9 mg               | 1%      |

Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Values not established.

**Other Ingredients:** Maltodextrin, Citric Acid, Natural & Artificial Flavors, Silica, Sucralose.

**Directions:** Use daily for best results. Mix 1 scoop with 10–12 oz. of water. Drink 30 minutes prior to exercise. To avoid sleeplessness, do not consume in the evening.

Supplement facts may vary with flavor.



**WARNING:** Not for use by individuals under the age of 18. Consult a physician or licensed qualified health care professional before using this product if you have or have a family history of heart disease, thyroid disease, diabetes, high blood pressure, recurrent headaches, depression or other psychiatric condition, glaucoma, difficulty in urinating, prostate enlargement, or seizure disorder. If you are using a monamine oxidase inhibitor (MAOI) or any other dietary supplement, prescription drug or over-the-counter drug containing ephedrine, pseudoephedrine or phenylpropanolamine (ingredients found in certain allergy, cough/cold, and weight control products). Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, headache, shortness of breath, or other similar symptoms. Individuals who consume caffeine with this product may experience serious adverse health effects. Improper use of product may be hazardous to a person's health. **KEEP OUT OF REACH OF CHILDREN**





# SUPER CHARGE!

PRE-WORKOUT  
STIMULANT FREE

Stim-Free Super Charge!® is head and shoulders above any other pre-workout on the market, for many reasons. For starters, we provide over 10 performance enhancing actives, in the same effective amounts that are backed by human studies. None of this pixie dust sprinkle stuff you find in some other pre-workouts. It's all clearly spelled out on the label, concise and precise.

Stim-Free Super Charge!® is made in a certified cGMP and FDA inspected facility, and like all Labrada products, tested by a third party independent lab to confirm that it meets label claim. If you're looking for a product that makes all of the difference in terms of strength, endurance, and performance, look no further. Stim-Free Super Charge!® is IT!



## 10 PERFORMANCE ENHANCERS IN ONE DAILY SCOOP!

- 1. NO3T Citrulline Nitrate 1 gram** - Increase nitric by two different pathways, to promote blood flow to muscles.
- 2. Creapure Creatine Monohydrate 5 grams** - Increase muscular strength and growth.
- 3. BCAA's (2:1:1 Leucine, Valine Isoleucine) 5 grams** - Helps prevent break down of muscle tissue, and increases performance and recovery.
- 4. Carnosyn Beta Alanine 2 grams** - Increases muscular endurance and strength.
- 5. Taurine 2 grams** - improves aerobic and anaerobic performance that increases force production.
- 6. HydroMax Glycerol 2 grams** - Increases muscle cell hydration endurance and pumps.
- 7. L-Tyrosine 1500mg** - Amino that increases mental energy, focus and alertness.
- 8. Huperzine A 1000mcg** - Supports the neurotransmitters used in muscle contractions, increasing force production.
- 9. Vitamins B6, B12 and C**
- 10. Electrolytes Complex 400mg** - Important for muscle functions.



### Supplement Facts

Serving Size: 1 scoop (27g)  
Servings Per Container: 25

|   | Amount Per Serving | % DV    |
|---|--------------------|---------|
| Calories                                    | 10                 |         |
| Sodium                                      | 39 mg              | 2%      |
| Total Carbohydrate                          | 3 g                | 1%*     |
| Sugars                                      | 0 g                | †       |
| Vitamin C (as ascorbic acid)                | 200 mg             | 333%    |
| Vitamin B6 (as pyridoxine HCl)              | 50 mg              | 2,500%  |
| Vitamin B12 (as methylcobalamin)            | 1000 mcg           | 16,666% |
| Calcium (as calcium gluconate)              | 9 mg               | 1%      |
| Magnesium (as magnesium succinate)          | 17 mg              | 4%      |
| Potassium (as potassium phosphate, dibasic) | 45 mg              | 1%      |

#### Super Charge® Performance Blend

##### Muscle Pump Complex™

|                             |         |   |
|-----------------------------|---------|---|
| Citrulline Nitrate (NO3-T®) | 1000 mg | † |
| HydroMax™ Glycerol          | 2000 mg | † |
| Taurine                     | 2000 mg | † |

##### Strength, Endurance, and Recovery Complex™

|                                  |         |   |
|----------------------------------|---------|---|
| Creatine Monohydrate (Creapure®) | 5000 mg | † |
| Beta Alanine (Carnosyn®)         | 2000 mg | † |
| BCAA 2:1:1                       | 5000 mg | † |

##### STIM-FREE Energy and Mental Focus Complex™

|   |          |   |
|---|----------|---|
| L-Tyrosine  | 1500 mg  | † |
| Huperzine A 1%  | 1000 mcg | † |
| Electrolyte Complex<br>(Sodium Chloride, Calcium Gluconate,<br>Magnesium Succinate, Potassium<br>Phosphate dibasic) | 400 mg   | † |

Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Values not established.

**Other Ingredients:** Maltodextrin, Citric Acid, Natural & Artificial Fruit Punch Flavor, Silica, Sucralose.

**Directions:** Use daily for best results. Mix 1 scoop with 10–12 oz. of water. Drink 30 minutes prior to exercise.



FRUIT PUNCH



GRAPE



Advantra Z® is a registered trademark of Nutratech, Inc. / Zhishin, LLC (licensor of U.S., Canadian and E.U. Patents).



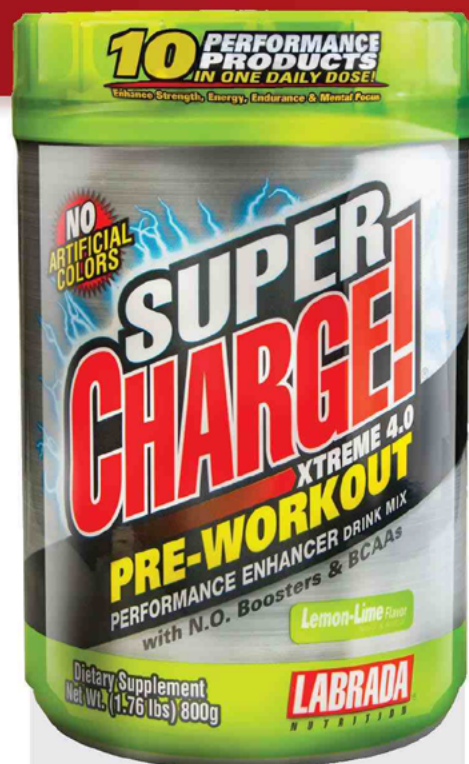
Carnosyn® trademark & patents owned by NAL Inc., www.carnosyn.com.

**HydroMax**  
glycerol powder 65%

**NO3T**  
NITRATE  
TECHNOLOGY

**Creapure**  
Creapure® is a registered trademark of AlzChem AG





**10 Performance products  
in one daily dose.**

**Super Charge® can increase  
your strength and power.  
It has been shown in a  
University study to increase  
power by up to 110%, and  
greatly improved exercise  
repetitions by up to 39%!\***

**Super Charge® contains  
CarnoSyn® to boost muscle  
carnosine stores which  
results in up to a 29%  
increase in your endurance  
performance.\*\***



Fruit Punch   Orange   Strawberry  
Dreamsicle   Lemon-Lime   Grape   Blue Raspberry

# SUPER CHARGE XTREME 4.0

## WHAT'S NEW!

- **Super Charge®** is now completely **ARTIFICIAL COLOR FREE!**
- **PepForm®** BCAA 2:1:1 are free from branched chain amino acids (BCAA) bound to BCAA peptides to help you recover faster!
- **CreaLean®** is pure, pharmaceutical-grade creatine monohydrate to help you build strength faster!
- **PowerCarb®** is an engineered carbohydrate that supports nutrient transport and sustains your energy.

## Get A More Explosive Workout!

- **Super Charge®** enhances your mental focus during exercise, because it contains tyrosine and caffeine to improve mental focus by up to 82%, for peak performance.\*\*
- **Super Charge®** contains **PikatroPin™** to delay fatigue, so that you can exercise longer.
- **Super Charge®** has nitric oxide (N.O.) boosters which dilate arteries and increase muscle pumps.
- **Super Charge®** Jump Starts Recovery because it has **PepForm®** branched chain amino acids and n-acetyl-l-glutamine to protect against muscle breakdown and improve post workout recovery.

## Workout longer, STERIOD FREE!

Safe for High School and College Athletes. **Super Charge®** is made in a steroid and prohormone free, FDA-inspected, pharmaceutical-grade manufacturing facility. This product is pure and unadulterated, and will not cause a positive test result for banned substances.

## Supplement Facts

|                                      | Super Intense  | Intense Workout |
|--------------------------------------|----------------|-----------------|
| Serving Size:                        | 2 scoops (32g) | 1 scoop (16g)   |
| Servings Per Container:              | 25             | 50              |
| Amount Per Serving                   | % DV           | % DV            |
| Calories                             | 64             | 32              |
| Total Carbohydrate                   | 16 g 6%        | 8 g 3%          |
| Sugars                               | 1 g †          | <1 g †          |
| Super Charge® Performance Blend      | 14.5 g †       | 7.2 g †         |
| Energy/Hemo-Dilation Complex         |                |                 |
| Nitrous Malate™ (di-arginine malate) | 2250 mg †      | 1125 mg †       |
| Taurine                              | 2000 mg †      | 1000 mg †       |
| Arginine Alpha-ketoglutarate         | 1742 mg †      | 871 mg †        |
| L-Tyrosine                           | 500 mg †       | 250 mg †        |
| Methylxanthines (caffeine)           | 450 mg †       | 225 mg †        |
| Strength & Endurance Complex         |                |                 |
| CreaLean® (Creatine Monohydrate)     | 2000 mg †      | 1000mg †        |
| PikatroPin™ (picamilon)              | 50 mg †        | 25 mg †         |
| CarnoSyn® (beta alanine)             | 1500 mg †      | 750 mg †        |
| Post-Workout Recovery Complex        |                |                 |
| Instantized BCAA                     | 2000 mg †      | 1000 mg †       |
| PepForm® BCAA (2:1:1)                | 500 mg †       | 250 mg †        |
| N-Acetyl-L-Glutamine                 | 500 mg †       | 250 mg †        |

Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.



**LABRADA**  
NUTRITION

The Most Trusted Name in Sports Nutrition!

[www.labrada.com](http://www.labrada.com)

\*\*To see the University study, go to [www.labrada.com/store/SC\\_Xtreme](http://www.labrada.com/store/SC_Xtreme)